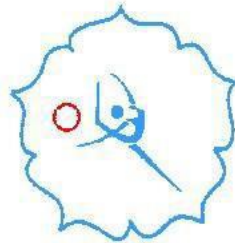


## Canadian Sport Institute Pacific And BC Rhythmic Sportive Gymnastics Federation Athlete and Coach Nomination Criteria



**Criteria Approved: [1/2/2026]**

CSI Pacific Representative	Nicole Jenicek	<i>Nicole Jenicek</i>	1/2/2026
	Name	Signature	Date (MM/DD/YYYY)
Sport Organization Representative	Sachka Gitcheva	<i>Sachka Gitcheva</i>	12/18/2025
	Name	Signature	Date (MM/DD/YYYY)

## PURPOSE

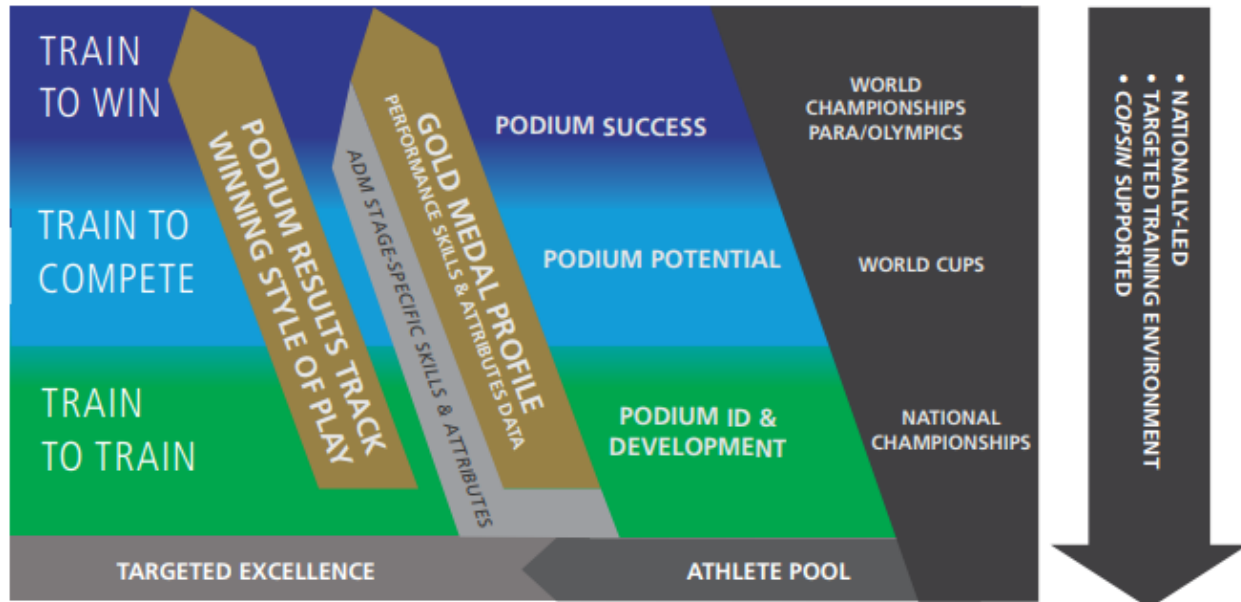
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Rhythmic Sportive Gymnastics Federation, collaborates to deliver programs and services to place BC athletes<sup>1</sup> on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the BC Rhythmic Sportive Gymnastics Federation high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on **athletes and teams 5-12 years from the international podium**, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the **next generation (5-8 years away)** and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC Rhythmic Sportive Gymnastics Federation may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of BC Rhythmic Sportive Gymnastics Federation targeted athlete benefits, programs, and services as delivered through BC Rhythmic Sportive Gymnastics Federation

Targeted athletes are nominated by BC Rhythmic Sportive Gymnastics Federation based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Rhythmic Sportive Gymnastics Federation high performance program benchmarks to remain targeted. BCRSGF and the Canadian Sport Institute technical lead working with BC Rhythmic Sportive Gymnastics Federation, have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Sashka Gitcheva program director at [bcrsgf@rhythmicbc.com](mailto:bcrsgf@rhythmicbc.com).

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Rhythmic Sportive Gymnastics Federation targeting runs January 31st annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the BC Rhythmic Sportive Gymnastics Federation targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Sashka Gitcheva program director at [bcrsgf@rhythmicbc.com](mailto:bcrsgf@rhythmicbc.com).

## ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by BC Rhythmic Sportive Gymnastics Federation and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with BC Rhythmic Sportive Gymnastics Federation as a competitive athlete and meet the definition of a BC athlete.
2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
3. Athletes who fail to meet targeting criteria **due to injury or absence**, may remain on BC Rhythmic Sportive Gymnastics Federation nomination list at the discretion of the PSO/DSO **and in agreement with CSI** Pacific when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
  - b. The athlete in question was nominated by BC Rhythmic Sportive Gymnastics Federation in the previous **12-month cycle**
  - c. There is an agreed timeline on the return to play process

4. Minimum age of targeted athlete is 16-years-old, however at the discretion of CSI staff exceptions can be approved
5. Maximum number of athletes at each level based on historical conversion rates from 2019-2025, identified by CSI Pacific and communicated to the sport by CSI staff. At the discretion of CSI staff exceptions can be approved

## LEVEL-SPECIFIC CRITERIA

### Canadian Sport Institute Criteria

#### Sport Canada AAP Carded

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##### *Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
  - It is the responsibility of BC Rhythmic Sportive Gymnastics Federation to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

#### Canadian Development

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##### *Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 12 months** and verified by the NSO.
  - Evidence to be provided by PSO/DSO in order to confirm nomination.

#### Provincial Development Level 1

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##### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
  - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;

- Competed at the **appropriate<sup>2</sup>** age group or junior world championships in an eligible event (or equivalent international developmental event) **in the previous 12 months OR;**
- Won a medal in an eligible event at their sport-specific national senior/open, appropriate<sup>2</sup> age group or junior championships (or equivalent level of performance standard) in the **previous 12 months.**
- Evidence to be provided by PSO/DSO in order to confirm nomination.

## **Provincial Development Level 2**

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND;**
  - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND;**
  - Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous **12 months, OR;**
  - Won a medal in an eligible event at their appropriate<sup>2</sup> age group provincial championships in the previous **12 months, OR;**
  - Evidence to be provided by PSO/DSO in order to confirm nomination.

## **Coach Nomination**

### *Canadian Sport Institute Criteria:*

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. The coach must meet the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
  - Evidence to be provided by PSO/DSO in order to confirm nomination.

It is recommended that PSO/DSO nominated coaches must also meet at least one of the following criteria:

- Be designated as Provincial or Regional coach by the PSO/DSO, **or**

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<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Be designated as a National Development / Senior National coach by the NSO, **or**
- Be designated as athlete's coach of record based on sport-specific criteria below.

**AND,**

- Be working towards NCCP Comp Dev trained status

## **BC Rhythmic Sportive Gymnastics Federation Sport-Specific Criteria**

### **Canadian Development Criteria 1.0**

#### *BCRSGF Criteria*

- 1.1 Athletes who ranked in the top 15 HP at the most recent Elite Canadian or National Championships in Senior FIG High Performance - Competition A + B - All Around category  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR** [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)

**OR**

- 1.2 Athletes who ranked in the top 15 HP at the most recent Elite Canadian or National Championships in last year Junior FIG High Performance - Competition A + B - All Around **OR**;  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR** [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)

### **Provincial Development Level 1 Criteria 2.0**

#### *BCRSGF Criteria*

- 2.1 Athletes who ranked 1-20 at the most recent Elite Canadian or National Championships and did not make finals in Senior FIG - Open - Competition A - All Around  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR**; [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)
- 2.2 Athletes who ranked 1-20 at the most recent Elite Canadian or National Championships and did not make finals in Junior FIG - Open - Competition A  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR**; [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)
- 2.3 Athletes who ranked in the top 3 at the most recent Elite Canadian or National Championships in the Junior FIG Group – Competition B- All Around category  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR**; [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)

### **Provincial Development Level 2 Criteria 3.0**

#### *BCRSGF Criteria*

- 3.1 Athletes who ranked in the top 15 at the most recent Elite Canada and National Championships in the Novice - All Around category  
[https://ksis.eu/resultx.php?id\\_prop=7875](https://ksis.eu/resultx.php?id_prop=7875) **OR**; [https://ksis.eu/resultx.php?id\\_prop=8266](https://ksis.eu/resultx.php?id_prop=8266)
- 3.2 Athletes that qualified in Western Championship to attend the 2025 Canadian National Championships in Junior, Senior and Novice Categories and did not meet the criteria for Canadian Development and Provincial Level 1 . [https://ksis.eu/resultx.php?id\\_prop=7733](https://ksis.eu/resultx.php?id_prop=7733)
- 3.3 Western Stram athletes that have moved to Senior, Junior or Novice categories in 2024/2025

season. The athletes attended 4 weeks of National Stream summer camp in 2024/2025 and Elite Training Camp in the fall and have demonstrated difficulty score of: 5.5 achieved in invitational or testing event in 2023, for 7 body difficulties, 1 dance section, 5 ADs and 2 Risks in 2 or more apparatus.

### **Coach Criteria**

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#### ***BCRSGF Criteria***

- *BCRSGF Sport Specific Criteria: (Optional)*
- Coaches must be Level 3 certified and have criminal record checked submitted to BCRSGF.

## **APPENDIX 1 – Sport-Specific Benefits, Programs, and Services**

### **BCRSGF Targeted Athlete/Coach Benefits, Programs, and Services**

#### **Canadian Development**

Eligible athletes will be invited to:

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet).
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Athletes Assistance Program

Travel Assistance Funding - Level 1

#### **Provincial Development – Level 1 Eligible athletes will be invited to:**

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding - Level 2

#### **Provincial Development – Level 2 Eligible athletes will be invited to:**

- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding