



**Canadian Sport Institute Pacific  
and **Speed Skating BC**  
Athlete and Coach Nomination Criteria  
2025-2026**

Criteria Approved : 09/03/2025

CSI Pacific Representative Andrew Latham Manager, Performance Pathways	<i>Andrew Latham</i>	09/03/2025
	Signature	
<b>Speed Skating BC</b> <b>Jodi Roberts</b> <b>Technical Manager</b>	<i>Jodi Roberts</i>	09/03/2025
	Signature	



## DETAILS

Through the above partnership, and with the above purpose in mind, **Speed Skating BC** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **Speed Skating BC** targeted athlete benefits, programs, and services as delivered through **Speed Skating BC**.

Targeted athletes are nominated by **Speed Skating BC** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to **Speed Skating BC Technical Representative, Jodi Roberts (jodi.roberts@speedskatingbc.ca)**. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **Speed Skating BC** high performance program benchmarks to remain targeted. **Jodi Roberts** and the Canadian Sport Institute technical lead working with **Speed Skating BC** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **Speed Skating BC** targeting runs **September 1<sup>st</sup> to August 31<sup>st</sup> annually**, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **Speed Skating BC** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **Speed Skating BC** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **Speed Skating BC** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **Speed Skating BC's** nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by **Speed Skating BC** in the previous 24 months.
  - c. There is an agreed timeline on the return to play process
4. Minimum age of targeted athlete is 16-years-old, however at the discretion of CSI staff exceptions can be approved
5. Maximum number of athletes at each level based on historical conversion rates from 2019-2025, identified by CSI Pacific and communicated to the sport by CSI staff. At the discretion of CSI staff exceptions can be approved
6. Athletes must adhere to [Speed Skating BC's Code of Conduct](#).

## LEVEL-SPECIFIC CRITERIA

### Canadian Sport Institute Criteria

Please note both the Canadian Sport Institute criteria and the **Speed Skating BC** sport-specific criteria:

#### Podium / Canadian Elite (Sport Canada AAP Carded)

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of **Speed Skating BC**, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

#### Canadian Development

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**

- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

## Provincial Development Level 1

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward National Development 1 and 2 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

  - Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
  - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

## Provincial Development Level 2

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### *Canadian Sport Institute Criteria:*

- *Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:*
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
  - *Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) AND;*
  - Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous **12 months, OR**;

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<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Won a medal in an eligible event at their appropriate<sup>2</sup> age group provincial championships in the previous **12 months**, **OR**;

## **Coach Nomination**

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### *Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

## **Sport Specific PSO Criteria**

### *Canadian Development Criteria 1.0*

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#### *Speed Skating BC Sport-Specific Criteria:*

Candidates include skaters who have met **one (1)** of the qualification—Long Track **OR** Short Track—requirements (A or B, or C) as listed in this section below, from **August 2024 to April 2025**. Times must be skated in a sanctioned competition (Provincials, SSC or ISU).

### *Canadian Development Criteria 1.0*

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	SENIOR (19-29)	JUNIOR (16-18)
SHORT TRACK 1.0	<b>Any athletes of the:</b>  A. 2024 Canadian ST Championships <u>AND</u> 2025 Canada Cup Final.	<b>Any athletes of the:</b>  A. 2024 Canadian Junior ST Championships <u>Group A</u> or; B. 24-25 ST Junior FINAL National Ranking <u>top 30</u> .
LONG TRACK 1.1	A. <b>Achieved two (2)</b> % ISU World Cup Qualifying time standards <u>as listed in Appendix A</u> .	A. <b>Achieved one (1)</b> equivalent top 10 time of the 2024 Canadian Junior LT Championships <u>as listed in Appendix B</u> .

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**Provincial Development Level 1 Criteria 2.0**


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**Speed Skating BC Sport-Specific Criteria**

Candidates include skaters who have met **one (1)** of the qualification—Long Track **OR** Short Track—requirements (A or B, or C) as listed in this section below, from **August 2024 to April 2025**. Times must be skated in a sanctioned competition (provincial, SSC or ISU).

	JUNIOR (16-18)	NEO-JUNIOR (15)
SHORT TRACK 2.0	<b>Any athletes of the:</b> A. 2024 Canadian Junior ST Championships or; B. 2025 Canadian Junior Open <u>ranked top half</u> or; C. 2025 Canada Cup Junior Final <u>ranked top half</u> .	<b>Any athletes of the:</b> A. 2024 Canadian Neo-Junior ST Championships <u>Group A</u> or; B. 2024 Canadian Neo-Junior ST Championships Group B <u>Medalist</u> or; C. 2025 Canada Cup Junior Final <u>ranked top half</u> .
LONG TRACK 2.1	A. <b>Achieved two (2)</b> Canada Cup time standards as listed in Appendix B	A. <b>Any athletes of the:</b> 2024 Canadian Neo-Junior LT Championships <u>Medalist</u> ; B. <b>Achieved one (1)</b> Canada Cup time standards <u>as listed in Appendix B</u>

**Provincial Development Level 2**


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	NEO-JUNIOR (15)
SHORT TRACK 2.2	<b>Any athletes of the:</b> Achieved 500m time standard: Women: 49.759 sec Men: 46.973 sec

LONG TRACK 2.3	<p><b>Any athletes of the:</b></p> <p>Achieved 103% two (2) Canada Cup Junior qualifying time standards as listed in Appendix C</p>
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*Speed Skating BC Sport-Specific Criteria:*

- Coaches must adhere to Speed Skating BC's Code of Conduct and Employee & Volunteer Screening Policy.
- Certified status Introduction to Competition context ;
- Making Head Way In Speed Skating training completed
- Coaching Association of Canada Safe Sport Training
- Making Ethical Decision Online Evaluation Completed



## APPENDICES

### APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

#### *Speed Skating BC Targeted Athlete/Coach Benefits, Programs, and Services*

Podium / Canadian Elite (Sport Canada AAP Carded)

- Skaters are eligible to receive and/or purchase restricted-access Speed Skating BC gear

National Development Level 1

- Skaters may also be nominated to GenBC programming

National Development Level 2

- Skaters may also be nominated to GenBC programming

Provincial Development Level 1

- Skaters may also be nominated to GenBC programming

Provincial Development Level 2

- Skaters may also be nominated to GenBC programming

### APPENDIX A – ISU WORLD CUP and WORLD JUNIOR CHAMPIONSHIPS Qualifying Time Standards

**Senior** Canadian Development

#### **106% ISU WORLD CUP**

	Women	Men
<b>500m</b>	41.87 (42.40)	37.84 (38.37)
<b>1000m</b>	1.23.74 (1.24.80)	1.15.47 (1.16.32)
<b>1500m</b>	2.07.730 (2.09.32)	1.55.54 (1.57.13)
<b>3000m</b>	4.34.54 (4.37.72)	
<b>5000m</b>	7.49.58 or 4.26.06 (8.00.18 or 4.29.24)	7.04.00 (7.09.30)
<b>10000m</b>		14.18.60 or 6.51.28 (14.29.20 or 6.56.58)

**Junior** Canadian Development

#### **ISU WORLD JUNIOR CHAMPIONSHIPS**

	Women	Men
<b>500m</b>	42.50	38.50
<b>1000m</b>	1.25.00	1.16.00
<b>1500m</b>	2.12.00	1.58.00
<b>3000m</b>	4.45.00	
<b>5000m</b>		7.05.00 or 4.05.00

**APPENDIX B – CANADA CUP and CANADIAN JUNIOR CHAMPIONSHIPS** Qualifying Time Standards**Junior** Canadian Development**Top 10 Canadian Junior Long Track Championships 2025**

	<b>Women</b>	<b>Men</b>
500m	42.01	38.38
1000m	1.23.01	1.16.51
1500m	2.10.74	1.59.56
3000m	4.52.55	
5000m		7.23.23

**Junior and Neo-Junior** Provincial Development Level 1**CANADA CUP**

		Senior Inside	Senior Inside (low land)	Senior Outside	Junior Inside	Junior Inside (low land)	Junior Outside
<b>Women</b>	500m	44.00	44.75	46.90	46.20	46.95	50.60
	1000m	1.27.20	1.28.70	1.33.00	1.31.60	1.33.10	1.40.30
	1500m	2.15.30	2.17.55	2.24.20	2.22.00	2.24.25	2.35.40
	3000m	4.44.70	4.49.20	5.03.30	4.58.70	5.03.20	5.26.70
	5000m	7.30.00	7.37.50				
<b>Men</b>	500m	40.20	40.95	42.90	42.20	42.95	46.30
	1000m	1.19.00	1.20.50	1.24.40	1.23.00	1.24.50	1.31.00
	1500m	2.01.20	2.03.45	2.09.30	2.07.30	2.09.55	2.19.40
	3000m				4.35.90	4.40.40	5.02.00
	5000m	7.19.60	7.27.10	7.48.70	7.45.00	7.52.50	8.28.60
	10000m	14.00.00	14.15.00				

**Neo-Junior** Provincial Development Level 2**103% Canada Cup Time Standard**

		Senior Inside	Senior Inside Lowland	Senior Outside	Junior Inside	Junior Inside lowland	Junior Outside
Women	500	00:45.32	00:46.09	00:48.31	00:47.59	00:48.36	00:52.12
	1000	01:29.82	01:31.36	01:35.79	01:34.35	01:35.89	01:43.31
	1500	02:19.36	02:21.68	02:28.53	02:26.26	02:28.58	02:40.06
	3000	04:53.24	04:57.88	05:12.40	05:07.66	05:12.30	05:36.50
	5000	07:43.50	07:51.23				
Men	500	00:41.41	00:42.18	00:44.19	00:43.47	00:44.24	00:47.69
	1000	01:21.37	01:22.92	01:26.93	01:25.49	01:27.04	01:33.73
	1500	02:04.84	02:07.12	02:13.18	02:11.12	02:13.44	02:23.58
	3000				04:44.18	04:48.81	05:11.06
	5000	07:32.79	07:40.51	08:02.76	07:58.95	08:06.68	08:43.86
	10000	14:25.20	14:40.65				