





Canadian Sport Institute Pacific and Karate BC Athlete and Coach Nomination Criteria

Criteria Approved: [July 30, 2025]

CSI Pacific Representative	Nicole Jenicek		July 30, 2025
	Name	Signature	Date (MM/DD/YYYY)
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PURPOSE

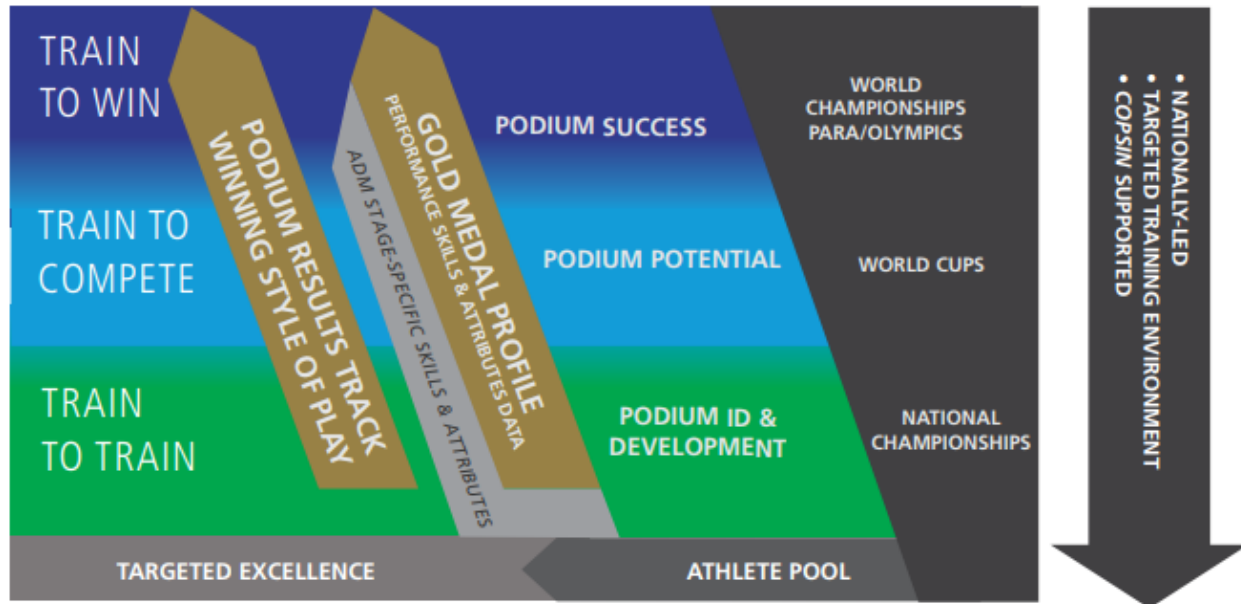
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Karate BC, collaborates to deliver programs and services to place BC athletes¹ on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the Karate BC high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on **athletes and teams 5-12 years from the international podium**, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the **next generation (5-8 years away)** and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, Karate BC may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of Karate BC targeted athlete benefits, programs, and services as delivered through Karate BC

Targeted athletes are nominated Karate BC based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward Karate BC high performance program benchmarks to remain targeted. Pam Ross – High Performance Chair and the Canadian Sport Institute technical lead working with Karate BC, have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Pam Ross at hpc@karatebc.org.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / Karate BC targeting runs [DATE RANGE] annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the Karate BC targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Pam Ross at hpc@karatebc.org.

ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by Karate BC and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with Karate BC as a competitive athlete and meet the definition of a BC athlete.
2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
3. Athletes who fail to meet targeting criteria **due to injury or absence**, may remain on Karate BC nomination list at the discretion of the PSO/DSO **and in agreement with CSI Pacific** when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
 - b. The athlete in question was nominated by Karate BC in the previous **12-month cycle**
 - c. There is an agreed timeline on the return to play process
4. Minimum age of targeted athlete is 16-years-old, however at the discretion of CSI staff exceptions can be approved
5. Maximum number of athletes at each level based on historical conversion rates from 2019-2025, identified by CSI Pacific and communicated to the sport by CSI staff. At the discretion of CSI staff exceptions can be approved

LEVEL-SPECIFIC CRITERIA

Canadian Sport Institute Criteria

Sport Canada AAP Carded

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
 - It is the responsibility of Karate BC to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 12 months** and verified by the NSO.
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed at the **appropriate²** age group or junior world championships in an eligible event (or equivalent international developmental event) **in the previous 12 months OR**;

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Won a medal in an eligible event at their sport-specific national senior/open, appropriate² age group or junior championships (or equivalent level of performance standard) in the **previous 12 months**.
- Evidence to be provided by PSO/DSO in order to confirm nomination.

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous **12 months, OR**;
 - Won a medal in an eligible event at their appropriate² age group provincial championships in the previous **12 months, OR**;
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. The coach must meet the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
 - Evidence to be provided by PSO/DSO in order to confirm nomination.

It is recommended that PSO/DSO nominated coaches must also meet at least one of the following criteria:

- Be designated as Provincial or Regional coach by the PSO/DSO, **or**
- Be designated as a National Development / Senior National coach by the NSO, **or**
- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

- Be working towards NCCP Comp Dev trained status

Karate BC Sport Specific PSO Criteria

Canadian Development Criteria 1.0

Karate BC Sport-Specific Criteria:

- 1.1 Member of the Senior National Team, not Sport Canada Carded or funded, and named to a World Karate Federation (WKF) sanctioned event on Senior Team Canada in the past 12 months*

AND

- 1.2 1st Place Finish in a Senior category at the National Championships within the past 12 months. (Qualification events are based on the Karate Canada Selection Criteria which may differ year to year.

* [Senior National Team Criteria](#)

Provincial Development Level 1 Criteria 2.0

Karate BC Sport-Specific Criteria:

- 2.1 Member of the National Team in a Junior (16-17), U21 (18-20), or Senior category in the past 12 months

AND

- 2.2 Athletes who have participated in all mandatory BC Team events unless exempted (see BC Team Handbook)

AND

- 2.3 Athletes who have not already qualified as Canadian Development

AND at least one of the following:

- 2.4 Podium finish at the previous Junior Pan-American Championships, Junior World Championships in a Junior (16-17) or U21 (18-20) category, OR a podium finish in Senior Pan-American Championships in the past 12 months.

OR

- 2.5 Podium finish in a Senior category, a Junior (16-17), or U21 (18-20) category at the National Championships in the past 12 months

* [Junior National Team Criteria](#)

Provincial Development Level 2 Criteria 3.0

Karate BC Sport-Specific Criteria:

- 3.1 Athletes who do not meet Provincial Level 1 and Canadian Development eligibility

AND

- 3.2 Athletes who have participated in all mandatory BC Team events unless exempted (see BC Team Handbook)

AND

- 3.3 Top 2 ranked U21 (18-20), or Junior (16/17) Male/Female Athletes in their category on Overall Rankings in the Karate BC Ranking System.*

AND

- 3.4 Member of the National Team in a Junior (16/17) OR U21 (18-20) Male/Female category.
- 3.5 1st Place finish in their category at the most recent Provincial Championships.

*See Appendix B for the 2025-26 Karate BC Points Ranking Table.

Coach Nomination

Karate BC Sport-Specific Criteria:

- Be a member of Karate BC in good standing

AND

- NCCP Comp Dev trained status and/or have coached at the most recent National Championships.
- Completed CCES Safe Sport Training

Appendix A

Summary of KBC Sport-Specific Carding Criteria for Athletes

Basic Carding Criteria for all Athletes.

To be carded, athletes at all levels must meet the Canadian Sport Institute Criteria set out above. Have participated in all mandatory BC Team events unless exempted (see BC Team Handbook) and be a Karate BC Member in good standing

Additional Carding Criteria Based on Age Category

Based on the age category in which they competed, athletes will qualify for carding at Canadian Development, Provincial Development 1, or Provincial Development 2 based on the criteria set out below.

Canadian Development Carding	Athletes who meet the Canadian Sport Institute criteria set out above, and achieve the following: Member of the Senior National Team, not Sport Canada Carded or funded, and named to a World Karate Federation (WKF) sanctioned event on Senior Team Canada in the past 12 months* 1st Place Finish in a Senior category at the National Championships within the past 12 months
Provincial Development 1	Athletes who do not qualify for Canadian Development, meet the Canadian Sport Institute criteria set out above, and achieve the following: Member of the National Team in a Senior or Junior category in the past 12 months Podium finish at the previous Junior Pan-American Championships, Junior World Championships in a Junior (16-17) or U21 (18-20) category, OR a podium finish in Senior Pan-American Championships in the past 12 months Podium finish in a Senior category, a Junior (16-17), or U21 (18-20) category at the National Championships in the past 12 months
Provincial Development 2	Athletes who do not qualify for Canadian Development or Provincial Development 1, meet the Canadian Sport Institute criteria set out above, and achieve the following: Member of the National Team in a Junior (16/17) OR U21 (18-20) Male/Female category. Top 2 ranked U21 (18-20), or Junior (16/17) Male/Female Athletes in their category on Overall Rankings in the Karate BC Ranking System.* 1st Place finish in their category at the Provincial Championships in the previous 24 months

Links:

[Senior National Team Criteria](#)

[Junior National Team Criteria](#)

Appendix B

KBC Points Ranking System for Carding 2025-26

Karate BC will use the following point system in 2025-26 to determine the top ranking athlete in each category for the purposes of carding. The top ranking athlete in each category will be the athlete in that category who has earned the highest number of points.

Event	Points
2025 Canada Open (Elite divisions)	1st place Gold – 9 pts 2nd place Silver – 5 pts 3rd place Bronze – 3 pts 4th place Bronze – 2 pts
2025/26 BC Team Selection Tournament(s)	1st place Gold – 9 pts 2nd place Silver – 5 pts 3rd place Bronze – 3 pts 4th place Bronze – 2 pts <i>* Athletes who do not compete at the Selection Tournament because they have automatic invites to Nationals will receive points equivalent to those awarded for Selections based on their podium position at the most recent BC Team selection event competed at. (1st place Gold – 9 pts; 2nd place Silver – 5 pts; 3rd place Bronze – 3 pts; 4th place Bronze – 2 pts)</i>