



## Canadian Sport Institute Pacific and **BC Diving** Athlete and Coach Nomination Criteria

Criteria Approved 01-07-2025

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## PURPOSE

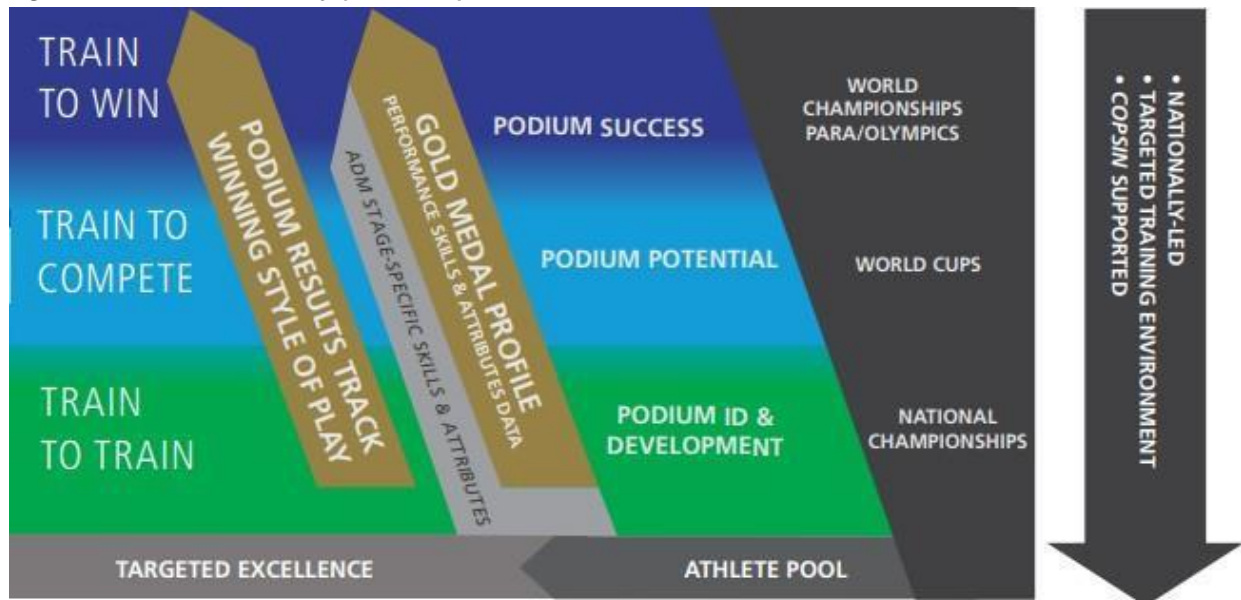
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Diving, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Diving high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, **BC Diving** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into **four levels** based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **BC Diving** targeted athlete benefits, programs, and services as delivered through **BC Diving**

Targeted athletes are nominated by **BC Diving** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to **Igor Kopecky**, [hptdbcdiving@gmail.com](mailto:hptdbcdiving@gmail.com). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **BC Diving** high performance program benchmarks to remain targeted. **Igor Kopecky** and the Canadian Sport Institute technical lead working with **BC Diving** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **BC Diving** targeting runs **September 1 to August 31** annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **BC Diving** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **BC Diving** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **BC Diving** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **BC Diving's** nomination list at the coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by **BC Diving** in the previous 24 months.
4. Athlete must be registered and in good standing with **BC Diving** for the previous 12 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the **BC Diving** sport-specific criteria:

### Podium / Canadian Elite (Sport Canada AAP Carded)

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of **BC Diving** in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### Canadian Development

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

***BC Diving** Sport-Specific Criteria:*

- Athletes who have competed in Senior National Team events but not carded, **OR;**
- Athletes aged **A** and **B** who have been selected for Diving Plongeon Canada's HPAD **Elite** program, **OR;**
- Diving Plongeon Canada Junior carded
- *Senior, A, and B age group athletes in a Canadian Diving Institute (CDI) program.*

## **Provincial Development Level 1**

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

  - Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
  - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

*\*Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

### *BC Diving Sport-Specific Criteria:*

- Selected for other junior international competitions: Junior World Championships (Groups A, B), Junior Pan Am Diving Championships (Groups A, B, C, D), Dresden Youth Meet (Groups A, B) or other international event as a DPC team member, *in the past 12 months* **OR**;
- Athletes who achieved the Junior International Qualification Standard at Junior Nationals/Trials within the previous **24** months, **OR**;
- Athletes who achieved 90% of the Senior International Qualification Score at a Senior National Championships/Trials in the previous 12 months, **OR**;
- Athletes who have been selected for Diving Plongeon Canada's HPAD program, **OR**;
- ***C and D age group divers in a CDI or CDI Enrichment program***
- Athletes who have medalled at Senior or Junior National Championships within the previous 12 months.
- *Athletes invited to a funded DPC HPAD camp in the past 12 months.*

## **Provincial Development Level 2**

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:

- Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

- Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
- Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

*BC Diving Sport-Specific Criteria*

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- Athletes who have competed at the Senior or Junior National Championships within the previous 12 months (athletes who have met qualification standard, but are unable to attend due to injury or illness AND/OR due to the event not being held due to COVID may be nominated at BC Diving's discretion), **OR**;
- Athletes who have been formally shortlisted for the Canada Summer Games in year prior to the Games.

**AND**

- Athlete must submit to annual BC Diving testing covering eight distinct protocols. For more information on requirements, contact BC Diving (<http://www.bcdiving.ca/contact-us/>).

For the purpose of including athletes that have demonstrated high performance attributes, but did not qualify through the above criteria.

- Performance of a 201 or 301 in C or B for a judge's score of 7.5 or better (must be at least 2 judges) in a sanctioned NQ event in the previous 12 months, ;OR
- Performance of 203,303, 5132 or 5231 for a judges score of 7 or better (must be at least 2 judges) in a sanctioned NQ event in the previous 12 months, ;OR
- Can demonstrate spotting ability for 203 or 303 AND is able to perform 403 and one of : 5132 or 5231- This dives and skills to be evaluated by the technical director for BC Diving or an evaluator designated by the technical director.

## **Coach Nomination**

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*Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.

<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on the sport-specific criteria below.

*BC Diving Sport-Specific Criteria*

- *The coach must be in good standing with the PSO and NSO for the past 12 months*
- *Certified Competition Development Trained coach or must be working towards obtaining Competition Development Trained status or have the equivalent status.*
- *Must have attended a National Championships as a coach in the past 12 months (unless extenuating circumstances occurred – per PSO discretion).*