



BC ULTIMATE

**Canadian Sport Institute Pacific
and BC Ultimate
Athlete and Coach Nomination Criteria**

Criteria Approved: August 28th 2024

CSI Pacific Representative	Andrew Latham	<i>Andrew Latham</i>	08/28/2024
	Name	Signature	Date (MM/DD/YYYY)
Sport Organization Representative	Brian Gisel	<i>Brian Gisel</i>	08/28/2024
	Name	Signature	Date (MM/DD/YYYY)

PURPOSE

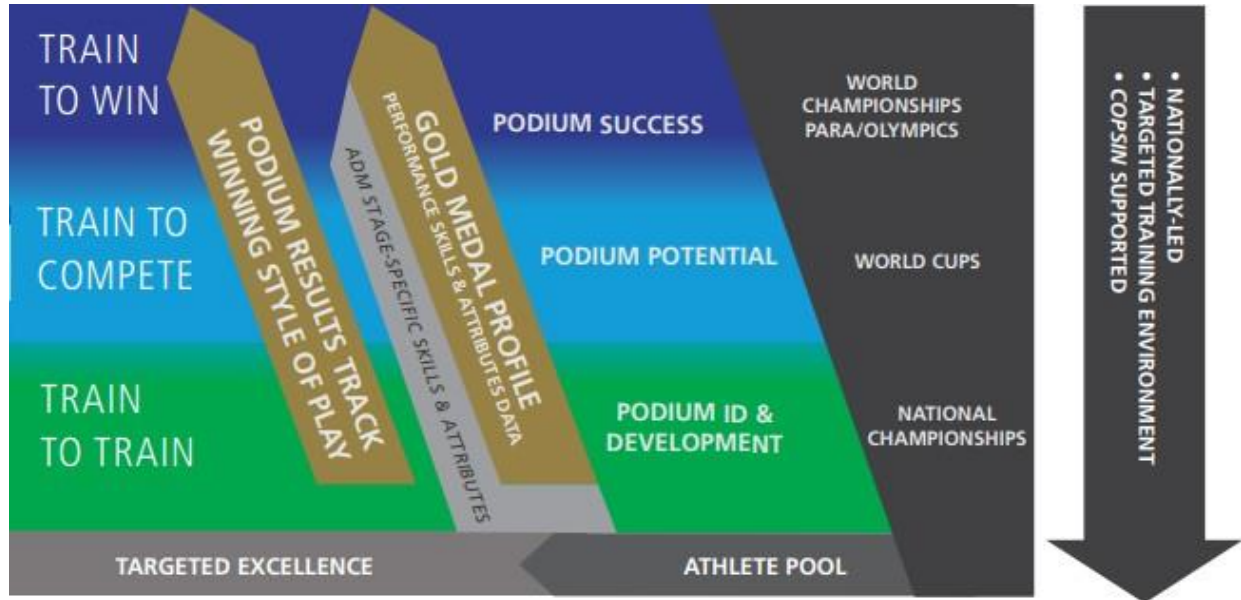
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Ultimate, collaborates to deliver programs and services to place BC athletes¹ on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the BC Ultimate high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Ultimate may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of BC Ultimate targeted athlete benefits, programs, and services as delivered through BC Ultimate.

Targeted athletes are nominated by BC Ultimate based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Ultimate high performance program benchmarks to remain targeted. BC Ultimate General Manager, Brian Gisel and the Canadian Sport Institute technical lead working with BC Ultimate, Brian Gisel have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Brian Gisel at gm@bcultimate.ca.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Ultimate targeting runs September 1st to August 31st annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the BC Ultimate targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Brian Gisel at gm@bcultimate.ca.

ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by BC Ultimate and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with BC Ultimate as a competitive athlete and meet the definition of a BC athlete.
 2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
 3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Ultimate's nomination list at the discretion of the PSO/DSO when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
- b. The athlete in question was nominated by BC Ultimate in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Ultimate sport-specific criteria:

Sport Canada AAP Carded

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
 - It is the responsibility of [PSO NAME] to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months** and verified by the NSO.

BC Ultimate Sport-Specific Criteria:

- Athlete competed with the Senior or U24 National Teams (Men's, Women's or Mixed), at a sanctioned international competition within the previous three years. Reference Appendix B **OR**
- Athlete has been identified in the **NSO Athlete Pool** for 2022 World Games **AND**
- Meet or exceed at least 3 of the following criteria:

Event	Female	Male
5-10-5 (sec.)	<4.80	<4.70
Vertical Leap (cm)	>50	>72
Max Vertical Reach (cm)	>220	>230
300 Meter Shuttle (sec.)	<63	<54
10m Dash (sec.)	<1.75	<1.60
40m Dash (sec.)	<5.75	<5.10

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed at the appropriate² age group or junior world championships in an eligible event (or equivalent international developmental event) in the previous 24 months **OR**;
 - Won a medal in an eligible event at their sport-specific national senior/open, appropriate² age group or junior championships (or equivalent level of performance standard) in the previous 24 months.

BC Ultimate Sport-Specific Criteria:

- Athlete has competed with Junior National Team, (Reference Appendix B) within the previous three years.
- OR**
- Athlete competed on a BC club team that finished in the top-3 at Senior (Men's, Women's, or Mixed) at Canadian Ultimate Championships in the previous two years.
- AND**

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Meet or exceed at least 3 of the following criteria:

Event	Female	Male
5-10-5 (sec.)	<5.10	<4.85
Vertical Leap (cm)	>46	>63
Max Vertical Reach (cm)	>205	>220
300 Meter Shuttle (sec.)	<66	<57
10m Dash (sec.)	<1.90	<1.68
40m Dash (sec.)	<5.95	<5.40

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND**;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND**;
 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate² age group provincial championships in the previous 12 months, **OR**;

BC Ultimate Sport-Specific Criteria:

- Athlete played on a BC club team that finished in the top-5 at the Senior (Men's, Women's or Mixed) Canadian Ultimate Championships in either of the previous two years.
- OR**
- Athlete competed on a BC club team that finished in the top-3 at Junior (Men's or Women's) Canadian Ultimate Championships in the previous two years.
- AND**
- Meet or exceed at least 3 of the following criteria:

Event	Female	Male
5-10-5 (sec.)	<5.40	<5.00
Vertical Leap (cm)	>40	>54
Max Vertical Reach (cm)	>190	>210
300 Meter Shuttle (sec.)	<70	<59
10m Dash (sec.)	<2.10	<1.78
40m Dash (sec.)	<6.15	<5.70

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

- NCCP Competition Development Trained Status or ACD coach,

BC Ultimate Sport-Specific Criteria: (Optional):

- *Must be in good standing with BC Ultimate*
- *Must be NCCP Level 3, Comp-Dev "trained" or be enrolled in, or completed, the Advanced Coaching Diploma*

OR

- *Have coached for the National Team program (U20, U24, Adult, Masters) within the last 24 months*

APPENDIX A – Tests

1. **5-10-5 (s) (must start with hand on ground – foot must touch each end point). Average time of two attempts - One starting to the right, One starting to the left.**
2. **Vertical Leap (cm) (vertec – arm swing allowed – on grass)**
3. **Max Vertical Reach (cm) (vertec – on grass)**
4. **300m Shuttle (12 x 25m shuttles - on grass)**
5. **10m Dash (s) (timing gates) Athletes start 1m from the start gate.**
6. **40m Dash (s) (timing gates) 10m and 40m times collected at the same time with gates at start, 10m and 40m**

Appendix B - High Performance Event Cycle 1. National Team Events

1. National Team Events

Year	Senior	U-24	Junior (U-20)
2024	<ul style="list-style-type: none"> World Ultimate Championships (Women's, Men's, Mixed) 		World Junior Ultimate Championships (Men's, Women's, Mixed)
2025	<ul style="list-style-type: none"> The World Games (Mixed) World Beach Ultimate Championships (Women's, Men's, Mixed) Pan-American Ultimate Championships (Women's, Men's, Mixed) 	<ul style="list-style-type: none"> World U24 Ultimate Championships (Women's, Men's, Mixed) 	

2. Club Team Events

Year	Senior	U-24	Junior (U-20)
2024	<ul style="list-style-type: none"> BC Ultimate Championships (Women's, Men's, Mixed) Canadian Ultimate Championships (Women's, Men's, Mixed) 	<ul style="list-style-type: none"> Canadian University Ultimate Championships (Women's, Men's) 	<ul style="list-style-type: none"> BC Junior Ultimate Championships (Women's, Men's, Mixed) Canadian Junior Ultimate Championships (Women's, Men's, Mixed)
2025	<ul style="list-style-type: none"> BC Ultimate Championships (Women's, Men's, Mixed) Canadian Ultimate Championships (Women's, Men's, Mixed) 	<ul style="list-style-type: none"> Canadian University Ultimate Championships (Women's, Men's) 	<ul style="list-style-type: none"> BC Junior Ultimate Championships (Women's, Men's, Mixed) Canadian Junior Ultimate Championships (Women's, Men's, Mixed)