





Canadian Sport Institute Pacific and BC Wheelchair Sports Association (Athletics) Athlete and Coach Nomination Criteria

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PURPOSE

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Wheelchair Sports Association, collaborates to deliver programs and services to place BC athletes1 on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the BC Wheelchair Sports Association high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sportspecific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medallists.

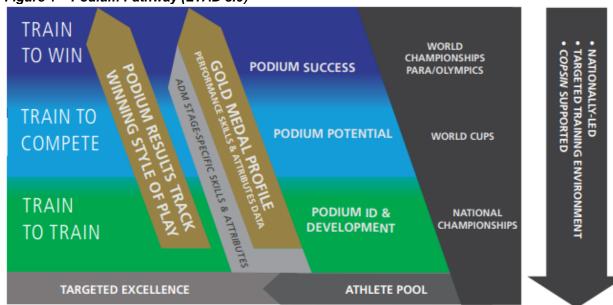


Figure 1 - Podium Pathway (LTAD 3.0)

¹ A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Wheelchair Sports Association may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of BC Wheelchair Sports Association targeted athlete benefits, programs, and services as delivered through BC Wheelchair Sports Association.

Targeted athletes are nominated by BC Wheelchair Sports Association based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Wheelchair Sports Association high performance program benchmarks to remain targeted. Jessica Ferguson, Sr Program Coordinator and the Canadian Sport Institute technical lead working with BC Wheelchair Sports Association have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Jessica Ferguson at jessica@bcwheelchairsports.com.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Wheelchair Sports Association targeting runs December 1st – November 30th anually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the BC Wheelchair Sports Association targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Jessica Ferguson at jessica@bcwheelchairsports.com.

ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by BC Wheelchair Sports Association and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

CORE CRITERIA

- 1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of the PSO/DSO with BC Wheelchair Sports Association as a competitive athlete and meet the definition of a BC athlete.
- 2. All athletes nominated should have a designated coach who is responsible for planned programming. Specific coach criteria must be identified under coach nominations
- 3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Wheelchair Sports Association's nomination list at the discretion of the PSO/DSO when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred AND;
 - b. The athlete in question was nominated by BC Wheelchair Sports Association in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Wheelchair Sports Association sportspecific criteria:

Sport Canada AAP Carded

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
 - It is the responsibility of BC Wheelchair Sports Association to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway OR;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events within 24 months and verified by the NSO.

BC Wheelchair Sports Association Sport-Specific Criteria:

Athletes who meet the minimum performance criteria for development level carding set by Athletics Canada - See AC AAP nominations based on the 2023-2024 CAPP/AAP Selection Process document here: https://athletics.ca/high-performance/capp-app-programs/capp-and-aapselection-criteria/?mc cid=7f4a73b69b&mc eid=ac3317421e OR;

Athletes who have been selected to the CAPP Program (International Level or higher) as outlined by Athletics Canada – see CAPP Pathway Selection Policy here: http://athletics.ca/nationalteam/services/nextgen-program/#sthash.zs0UlvAR.dpbs

AND

- Athletes who are receiving Strength & Conditioning and other services with a dedicated ITP monitored by the PSO AND:
- Athletes who comply with benchmarks outlined for Learn to Win / Train to Win stage in the HP Pathway identified in Appendix B.

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) AND;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) AND;
 - Competed at the appropriate² age group or junior world championships in an eligible event (or equivalent international developmental event) in the previous 24 months OR;
 - Won a medal in an eligible event at their sport-specific national senior/open, appropriate² age group or junior championships (or equivalent level of performance standard) in the previous 24 months.

BC Wheelchair Sports Association Sport-Specific Criteria:

- Athletes who are selected to the CAPP Program (Talent Confirmation Level or higher) as outlined by Athletics Canada - see CAPP Selection Criteria here: http://athletics.ca/nationalteam/services/nextgen-program/#sthash.zs0UlvAR.dpbs OR;
- Athletes who have competed in an eligible event at the last edition of their Sport Specific National Championships to date and placed in the top 20% in one or more of their events (based on classification and depth of field) OR;
- Athletes who have competed at one or more IPC Grand Prix Meets (or equivalent international developmental event) since 2023 and placed in the top half in one or more of their events (based on classification and depth of field)

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

AND

- Athlete is receiving targeted Strength & Conditioning and other services with a dedicated ITP monitored by the PSO. AND;
- Athlete is ranked on the World Para Athletics Annual Recorded Best Performances list. AND;
- Athlete complies with most benchmarks (70%) outlined for Train to Compete Stage in the HP Pathway identified in Appendix B.

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) AND;
 - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) AND;
 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, OR;
 - Won a medal in an eligible event at their appropriate² age group provincial championships in the previous 12 months, OR;

BC Wheelchair Sports Association Sport-Specific Criteria:

- Athletes who have competed in an eligible event at the last edition of age-group National Championships to date and/or placed within the top 20% at the last edition of age-group Provincial Championships to date(based on classification and depth of field), OR;
- Athletes who have been identified to compete for Team BC at the Canada Summer Games since 2022.

AND

- Athlete attends BCWSA Athletics clinics and targeted provincial track and field meets AND;
- Athlete complies with most benchmarks (70%) outlined for Train to Train Stage in the HP Pathway identified in Appendix B.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

NCCP Competition Development Trained Status or ACD coach,

BC Wheelchair Sports Association Sport-Specific Coaching Criteria:

- Coach must be a current member in good standing with BC Wheelchair Sports Association.
- Coach must have, at minimum, NCCP Club Coach Certified Status (or have a plan to complete within 12 months) AND/OR working towards NCCP Competition Development Trained Status in the next 24 months. (Please note all nominated coaches must meet BCWSA'S Minimum Coaching Standards as detailed in Appendix C).
- Coach must work directly with athletes in the BC Wheelchair Sports Association Wheelchair Athletics Program.

APPENDIX A - Sport-Specific Benefits, Programs, and Services

BC Wheelchair Sports Association Targeted Athlete/Coach Benefits, Programs, and Services

Podium / Canadian Elite (Sport Canada AAP Carded)

- Access to targeted coaching support
- Invitation to Training Camps throughout the season (and travel support as appropriate)
- Funding to support access to select IST Services including Strength & Conditioning, Mental Performance Training, & Nutrition Consults as needed
- Select eligibility for additional funding to support WPA/IPC competition travel
- Funding to assist with travel expenses related to the National Championships and other elite meets
- Team Clothing
- Eligibility for the Provincial Athlete Assistance Program (AAP) for the year following selection.

Canadian Development

- Access to targeted coaching support
- Invitation to Training Camps and Clinics throughout the season (and travel support as appropriate)
- Funding to support access to select IST Services including Strength & Conditioning, Mental Performance Training & Nutrition Consults as needed
- Select eligibility for additional funding to support WPA/IPC competition travel
- Funding to assist with travel expenses related to the National Championships and other elite meets
- Team Clothing
- Eligibility for the Provincial Athlete Assistance Program (AAP) for the year following selection.
- Access to Wheelchair Loan Program or personal sport chair purchase assistance

Provincial Development Level 1

- Access to targeted coaching support from Provincial Team Coaches: Ross McCallum and James Hustvedt
- Invitation to Training Camps and Clinics throughout the season (and travel support as appropriate)
- Access to select IST Services including Strength & Conditioning, Mental Performance Training & Nutrition Consults as available
- Select eligibility for additional funding to support targeted competition travel
- Funding to assist with travel expenses related to the National Championships
- Team Clothing
- Eligibility for the Provincial Athlete Assistance Program (AAP) for the year following selection.
- Access to Wheelchair Loan Program

Provincial Development Level 2

- Access to targeted coaching support from Provincial Team Coaches: Ross McCallum and James Hustvedt
- Invitation to Training Camps and Clinics throughout the season (and travel support as appropriate)
- Access to select IST Services including Strength & Conditioning, Mental Performance Training & Nutrition Consults as available
- Select eligibility for additional funding to support targeted competition travel
- Funding to assist with travel expenses related to the National Championships
- Team Clothing
- Eligibility for the Provincial Athlete Assistance Program (AAP) for the year following selection.
- Access to Wheelchair Loan Program

APPENDIX B – Wheelchair Athletics HP Pathway Benchmarks

Category	Benchmark or KPI	Provincial Dev 2	Provincial Dev 1	Canada Development	Canadian Elite
Approximate LTAD Stage		Train to Train / Train to Compete	Train to Compete / Learn to Win	Learn to Win / Train to Win	Train to Win
Program	Daily Training Environment	70% attendance based on 2 days per week*	80% attendance based on 4 days per week*	90% attendance based on 5 days per week*	N/A
Program	Competition Level Attended	Results at last edition of Provincial Track Meets &/or National Championship to date*	Results at last edition of National Championship & IPC Sanctioned to date*	Results at multiple IPC Sanctioned meets since 2022*	N/A
Program	BCWSA Clinics	100% attendance*	100% attendance*	1 per year*	N/A
Program	Min. Hours Training / week	4	6-8	8-10	N/A
Performance Services	Workshop attendance (CSI Pacific/ PacificSport &/or BCWSA Clinics)	Minimum 1 per year	Minimum 1 per year	Minimum 1 per year	N/A
Monitoring	Meetings with BCWSA Athletics program coaches	Check-in minimum every 4 weeks to monitor training and evaluate performance based on YTP	Check-in minimum bi-weekly to monitor training and evaluate performance based on ITPs	N/A	N/A
IPC Rankings	% of Current World Para Athletics Ranking	≤ 80% of the top 8 World Para Athletics Ranking	Between 80% - 90% of the 8 th Para-Athlete on the Current World Rankings	≥ 90% or greater of the 8 th Para-Athlete on the Current World Rankings	N/A

^{*} Unless medical, education, or other extenuating circumstances prevent attendance, whereby documentation will be provided to BCWSA for review.

APPENDIX D - Wheelchair Athletics Minimum Coaching Standards

BC Wheelchair Sports Association believes that athletes benefit by from being coached by certified coaches who are up to date on sport-specific standards and provide a safe a welcoming environment for their athletes. As such, the following are minimum coaching standards required of all BCWSA coaches both in the Provincial program and Club systems. Additional standards may be required for specific events and, where possible, those requirements have be included below.

All coaches working with BCWSA athletes must have completed or agree to the following requirements:

- CAC Safe Sport Training
- Completion of the BCWSA Screening Form and Criminal Record Check as well as additional requirements as necessary in alignment with BCWSA's Screening Policy.
- Adherence to all BCWSA policies including, but not limited to, <u>BCWSA's Code of Conduct and</u> Ethics, Equity and Inclusion Policy, and Return to Play and Concussion Policy.

Provincial team coaches must also complete the following requirements:

- Aboriginal Coaching Module (or agreement to complete as offered)
- Commit to Kids Child Sexual Abuse Prevention Training for those working with kids

Beginning in 2023 BC Wheelchair Sports Association will also require all coaches or instructors leading programs for children or youth to complete the following education – provided by Jumpstart:

- Respect in Sport (for Activity Leaders)
- Keeping Girls in Sport
- Coaching All Abilities

In addition, coaches working with BCWSA athletes must complete the following sport specific requirements.

Wheelchair Athletics

Provincial Team Coach

Minimum NCCP Club Coach Certified (or have a plan to complete within 12 months) and/ or working towards NCCP Competition Development Trained (within 24 months).

Club Coach

Minimum Club Coach Trained.

Professional Development Requirements

In order to ensure all certified coaches maintain their certified status based on their level of certification; there is a minimum ongoing professional development requirement. The Coaching Association of Canada, Athletics Canada, BC Athletics, and BC Wheelchair Sports offers a wide variety of professional development opportunities.

To be classified as ACTIVE a certified coach must:

- 1. Have achieved full certification at a particular level and staying current by meeting the ongoing professional development requirements
- 2. Be a member of "BC Athletics"
- 3. Obtain BC Athletics/ BC Wheelchair Sports safeguarding requirements (valid background check, CAC Safe Sport module)

Canada Games – All Team BC coaches must meet the minimum eligibility criteria outlined in the Canada Games – Athletics Technical Package.