





Canadian Sport Institute Pacific and BC Sport Cheer Athlete and Coach Nomination Criteria

Criteria Approved **May 31, 2021:**

CSI Pacific Representative	
	Signature
BC Sport Cheer Representative	
	Signature

PURPOSE

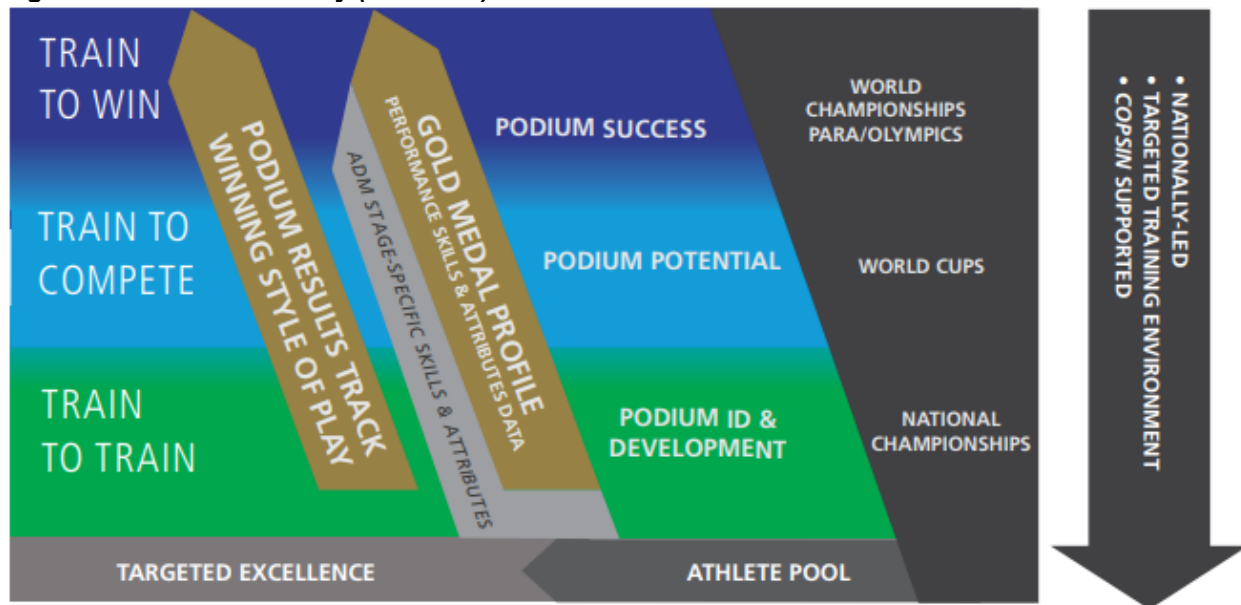
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Sport Cheer collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Sport Cheer high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Sport Cheer may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into [four levels](#) based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Sport Cheer targeted athlete benefits, programs, and services as delivered through BC Sport Cheer.

Targeted athletes are nominated by BC Sport Cheer based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to [BC Sport Cheer Director, Mishan Hedge, \[bccascholastic@gmail.com\]\(mailto:bccascholastic@gmail.com\)](#). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Sport Cheer high performance program benchmarks to remain targeted. [Mishan Hedge](#) and the Canadian Sport Institute technical lead working with BC Sport Cheer have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Sport Cheer targeting runs [June 1st to May 31st](#) annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the [BC Sport Cheer](#) targeted athlete list, on a case by case basis, by contacting the BC Sport Cheer All Star Director.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Sport Cheer and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Sport Cheer as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Sport Cheer's nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND**;
 - b. The athlete in question was previously nominated by BC Sport Cheer in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Sport Cheer sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

**Note, it is the responsibility of BC Sport Cheer, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

BC Sport Cheer Sport-Specific Criteria:

- Athletes who rostered on the [Premier All-Girl](#) or [Premier Coed](#) National Team at the ICU World Championship within the previous 12 months

AND

- Competed at the BC Provincial Championships in the previous 12 months*

**Note this criterion will come into effect in the 2022-2023 cycle*

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),
- AND**
- Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).

BC Sport Cheer Sport-Specific Criteria:

- Competed at the BC Provincial Championships in the previous 12 months*

AND

- Meet the criteria in the **Appendix 2**

AND

- Selected to the National Team Academy in the previous 12 months
- OR**
- Competed at the IASF World Championships or ICU University World Championship in Premier in the previous 24 months**

**Note this criterion will come into effect in the 2022-2023 cycle*

***Due to COVID-19 this restriction will be waived if an athlete has been an active member of their club team in 2020-2021.*

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

BC Sport Cheer Sport-Specific Criteria:

- Competed at the BC Provincial Championships in the previous 12 months*

AND

- Meet the criteria in the **Appendix 3**. **

AND

- Selected to the National Team Academy in the previous 12 months
- OR**
- Competed at the IASF World Championships or ICU University World Championship in Premier in the previous 24 months**

**Note this criterion will come into effect in the 2022-2023 cycle*

***Due to COVID-19 this restriction will be waived if an athlete has been an active member of their club team in 2020-2021.*

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria.

BC Sport Cheer Sport-Specific Criteria:

- Valid certification in BC Sport Cheer for Level 6 or higher

AND

- Completed Commit to Kids

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

BC Sport Cheer Targeted Athlete/Coach Benefits, Programs, and Services

Podium / Canadian Elite (Sport Canada AAP Carded) & Canadian Development

- Financial support eligibility for transportation costs to national training camps
- The opportunity to attend a BC Sport Cheer high performance training camp
- Sport eligibility for External Sport Credit –Athlete 12 (currently pending review)
- Support from Provincial Team coaches with respect to annual training plans (if required)

Provincial Development Level 1 & 2

- The opportunity to attend a BC Sport Cheer high performance training camp
- Sport eligibility for External Sport Credit – Athlete 11 (currently pending review)
- Support from Provincial Team coaches with respect to annual training plans (if required)

Progression Pathways

BC Sport Cheer acknowledges there are multiple pathways to becoming a high-performance athlete. The skills chosen in Appendix 2 and 3 are in line with BC's Long Term Development plan (available on the [BC Sport Cheer website](#)) and the progression towards skills to being selected on Team Canada's Senior National Team.

The criteria will be individual in nature, therefore, it is possible for athletes to be the only athlete eligible in their local training facility. If an athlete's local facility does not offer competition opportunities at IASF, that athlete is encouraged to continue individualized training and try-out for Team Canada Academy.

APPENDIX 2 – Skills lists for athlete eligibility Provincial Development Level 1

**Will be evaluated by a BC Sport Cheer-appointed panel at the Provincial Championship Identification Clinic. Due to COVID-19, video submission will be accepted in lieu of the in-person clinic for 2021 cycle.*

COED BASES		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Block (unassisted)	Standing Full OR BHS BHS Full	Toe Touch Back Tuck
	EXT Hand in Hand to Extension	Standing full OR BHS BHS Full
	BHS Full Up to Block	Hand in Hand Pop to Block
	FHS 1.5 to Block	Toss Full Up to Cupie or Lib/BP
		Extended Full Around
		FHS 1/2 to BP
		BHS to Cupie or lib/BP
COED TOP PERSON		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Block	Standing Full OR BHS BHS Full	Toe Touch Back Tuck
BP Double Down dismount	EXT Hand in Hand to Extension	Standing Full OR BHS BHS Full
Back Layout Basket (Switch Kick Double if not level 7/Premier)	BHS Full Up to Block	Toss Full Up to Cupie or Lib/BP
	FHS 1.5 to Block	Hand in Hand Pop to Block
	Back Layout Double basket	Extended Full Around
	Arabian 1.5 basket	FHS 1/2 to BP
	Pike Open Double basket	BHS to Cupie or Lib/BP
		Back Layout Full basket
		Arabian Full Basket
ALL GIRL BASES /BACKS		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Extension	Standing Full OR BHS BHS Full	T.T. Back Tuck & BHS BHS Layout
	EXT Hand In Hand to Extension	Standing Full OR BHS BHS Full
	BHS Full Up to Extension	Extended Hand in Hand to Prep
		BHS Up to BP
		Extended Full Around to BP
		FHS/FWO 1/2 to BP
ALL GIRL TOP PERSON		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Extension	Standing Full OR BHS BHS Full	T.T Back Tuck & BHS BHS Lay
BP Double Down dismount	EXT Hand In Hand to Extension	Standing Full OR BHS BHS Full
Back Layout Basket (Switch Kick Double if not level 7/Premier)	BHS Full Up to Extension	Extended Hand in Hand to Prep
	Back Layout Double basket	BHS up to BP
	X-Out Full basket	Extended Full Around to BP
		FHS/FWO 1/2 to BP
		Back Layout Full basket
		Arabian Full basket

APPENDIX 3 – Skills lists for athlete eligibility Provincial Development Level 2

**Will be reviewed by a BC Sport Cheer-appointed panel at the Provincial Championship Identification Clinic. Due to COVID-19, video submission will be accepted in lieu of the in-person clinic for 2021 cycle.*

COED BASES		
MANDATORY	AND TWO OF	OR FOUR OF
Toss Block (unassisted, no press up)	RO BHS Full OR BHS BHS Full	Toe Touch Back Tuck
	Hand in Hand Pop to Block	RO BHS Full OR BHS BHS Full
	Toss Full Up to Cupie/Lib/BP	Purdue to Hand in Hand
	Rewind to Block	BHS to Block
		Hands full around to Block
		FHS 1/2 to Block
		Toss Full Up to Block
		Rewind to Block
COED TOP PERSON		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Prep (any style)	RO BHS Full OR BHS BHS Full	Toe Touch Back Tuck
Toss Block (unassisted, no press up)	Hand in Hand Pop to Block	RO BHS Full OR BHS BHS Full
BP Double Down dismount	Toss Full Up to Cupie/Lib/BP	Purdue to Hand in Hand
Back Tuck Basket (Switch Kick Double if not level 7/Premier)	Back Layout Full Basket	BHS to Block
		Hands Full Around to Extension
		FHS 1/2 to Block
		Back Layout basket
		Arabian Full basket
ALL GIRL BASES & BACKS		
MANDATORY	AND THREE OF	OR FOUR OF
Rewind to Prep press immediate	RO BHS Full OR BHS BHS Full	T.T. Back Tuck & BHS BHS Layout
	Ext. Hand in Hand to Prep	RO BHS Full OR BHS BHS Full
	BHS to Lib	Hand in Hand to Prep
	Extended Full Around	BHS up to Extension
		FHS/FWO 1/2 to Extension
		1.5 prep to Extended Single Leg
		Single Leg Prep Full Up to Ext. Lib
ALL GIRL TOP PERSON		
MANDATORY	AND TWO OF	OR FOUR OF
Rewind to Prep	RO BHS Full OR BHS BHS Full	T.T. Back Tuck & BHS BHS Layout
BP Double Down dismount	Ext. Hand in Hand to Prep	Hand in Hand to Prep
Back Tuck Basket (Switch Kick Double if not level 7/Premier)	BHS to Lib	BHS up to Extension
	Back Layout Full basket	Extended Full Around
		FHS/FWO 1/2 to Extension
		Back Layout basket
		Arabian basket