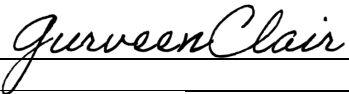





**Canadian Sport Institute Pacific  
and **BC Speed Skating**  
Athlete and Coach Nomination Criteria**

Criteria Approved June 30, 2021:

CSI Pacific Representative	
	Signature
BC Speed Skating Association Representative	
	Signature

## PURPOSE

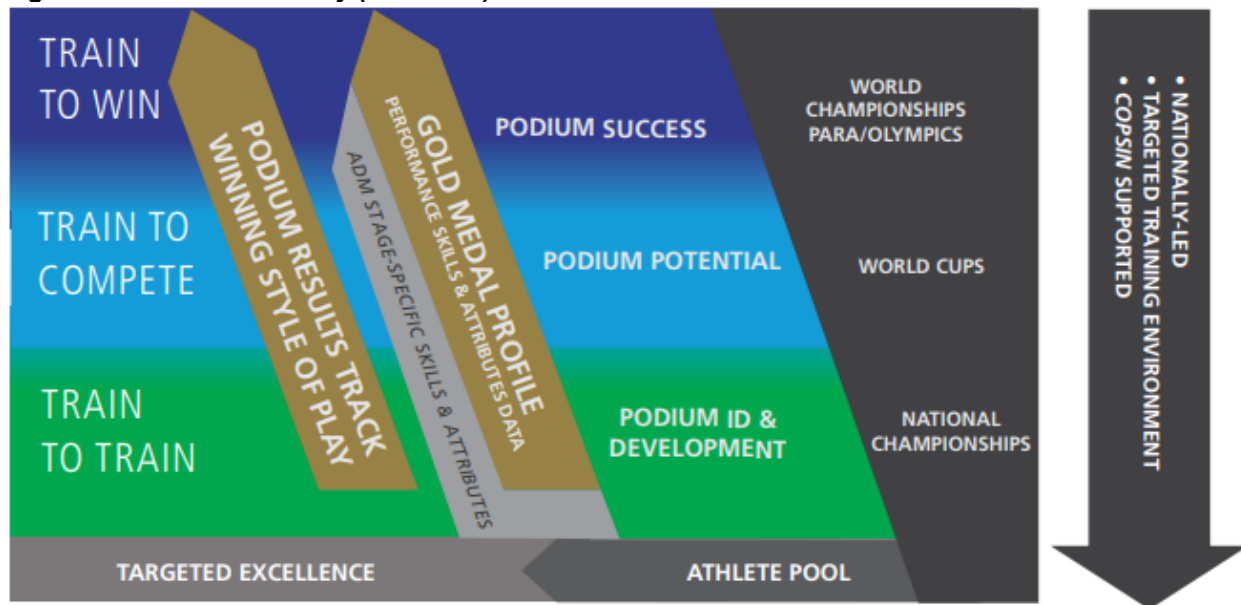
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and the **BC Speed Skating Association (BCSSA)**, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the **BCSSA** high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, **BCSSA** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into **four levels** based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **BCSSA** targeted athlete benefits, programs, and services as delivered through **BCSSA**.

Targeted athletes are nominated by **BCSSA** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Chris Acton, BCSSA Technical Director ([chris.acton@bcspeedskating.ca](mailto:chris.acton@bcspeedskating.ca)). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **BCSSA** high performance program benchmarks to remain targeted. The **BCSSA Technical Director** and the Canadian Sport Institute technical lead working with **BCSSA** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **BCSSA** targeting runs **August 1<sup>st</sup> to July 31<sup>st</sup>** annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **BCSSA** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **BCSSA** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **BCSSA** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **BCSSA's** nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by **BCSSA** in the previous 24 months.
4. In principle, all identified athletes will be aligned to speed skating's [Elite Athlete Pathway](#).

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the **BCSSA** sport-specific criteria:

### **Podium / Canadian Elite (Sport Canada AAP Carded)**

---

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of **BCSSA**, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### **Canadian Development**

---

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

**BCSSA Sport-Specific Criteria:**

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2019 to March 2021. Times must be skated in a sanctioned competition (BCSSA, SSC or ISU) or under “COVID protocol”, where a certified coach or official timed the skater during the 2020-2021 season.

Short Track	Long Track
Achieved a time equivalent to skaters ranking in the top half of the most recent Canadian ST Championships: <ul style="list-style-type: none"> <li>• 500m 46.0 female</li> <li>• 500m 42.5 male</li> </ul>	Achieved a time equivalent to skaters ranking in the top half of the most recent Canadian LT Championships: <ul style="list-style-type: none"> <li>• 500m 39.36 female   35.58 male</li> <li>• 1000m 1:17.90 female   1:09.72 male</li> <li>• 1500m 2:03.73 female   1:47.71 male</li> <li>• 3000m 4:17.79 female</li> <li>• 5000m 6:52.87 female   6:33.36 male</li> <li>• 10000m 12:57.26 male</li> </ul>

**Provincial Development Level 1***Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

  - Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
  - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

*\*Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

**BCSSA Sport-Specific Criteria:**

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2019 to March 2021. Times must be skated in a sanctioned competition (BCSSA, SSC or ISU) or under “COVID protocol”, where a certified coach or official timed the skater during the 2020-2021 season.

Short Track	Long Track																																							
<p>Achieved a time equivalent to skaters qualifying for the most recent Canadian ST Championships:</p> <ul style="list-style-type: none"> <li>• 500m 47.0 female</li> <li>• 500m 43.0 male</li> </ul>	<p>Senior-aged skaters: achieved a time equivalent to skaters qualifying for the Canadian LT Championships:</p> <p><b>2019 Senior Time Standards</b></p> <table border="1"> <thead> <tr> <th></th> <th>Ladies</th> <th>Men</th> </tr> </thead> <tbody> <tr> <td>500m</td> <td>38.43</td> <td>34.90</td> </tr> <tr> <td>1000m</td> <td>1:16.19</td> <td>1:09.16</td> </tr> <tr> <td>1500m</td> <td>1:57.32</td> <td>1:45.70</td> </tr> <tr> <td>3000m</td> <td>4:08.18</td> <td>---</td> </tr> <tr> <td>5000m</td> <td>7:06.60</td> <td>6:22.08</td> </tr> <tr> <td>10000m</td> <td>---</td> <td>13:15.71</td> </tr> </tbody> </table> <p><b>2019 Neo-Senior Time Standards</b></p> <table border="1"> <thead> <tr> <th></th> <th>Ladies</th> <th>Men</th> </tr> </thead> <tbody> <tr> <td>500m</td> <td>39.55</td> <td>35.61</td> </tr> <tr> <td>1000m</td> <td>1:18.33</td> <td>1:10.60</td> </tr> <tr> <td>1500m</td> <td>2:01.66</td> <td>1:48.60</td> </tr> <tr> <td>3000m</td> <td>4:18.64</td> <td>---</td> </tr> <tr> <td>5000m</td> <td></td> <td>6:33.95</td> </tr> </tbody> </table> <p>Junior-aged skaters: achieved a time equivalent to the top 10 times at the most recent Canadian Junior LT Championships:</p> <ul style="list-style-type: none"> <li>• 500m 43.18 female   37.32 male</li> <li>• 1000m 1:26.05 female   1:13.49 male</li> <li>• 1500m 2:12.84 female   1:55.59 male</li> <li>• 3000m 4:50.62 female</li> <li>• 5000m 7:12.70 male</li> </ul>		Ladies	Men	500m	38.43	34.90	1000m	1:16.19	1:09.16	1500m	1:57.32	1:45.70	3000m	4:08.18	---	5000m	7:06.60	6:22.08	10000m	---	13:15.71		Ladies	Men	500m	39.55	35.61	1000m	1:18.33	1:10.60	1500m	2:01.66	1:48.60	3000m	4:18.64	---	5000m		6:33.95
	Ladies	Men																																						
500m	38.43	34.90																																						
1000m	1:16.19	1:09.16																																						
1500m	1:57.32	1:45.70																																						
3000m	4:08.18	---																																						
5000m	7:06.60	6:22.08																																						
10000m	---	13:15.71																																						
	Ladies	Men																																						
500m	39.55	35.61																																						
1000m	1:18.33	1:10.60																																						
1500m	2:01.66	1:48.60																																						
3000m	4:18.64	---																																						
5000m		6:33.95																																						

## Provincial Development Level 2

### Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

  - Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
  - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

**BCSSA Sport-Specific Criteria:**

Candidates include skaters who have met **one (1)** of the qualification requirements from August 2019 to March 2021. Times must be skated in a sanctioned competition (BCSSA, SSC or ISU) or under “COVID protocol”, where a certified coach or official timed the skater during the 2020-2021 season.

Short Track	Long Track
Junior-aged skaters: achieved a time equivalent to skaters qualifying for the Canadian ST Junior Championships: <ul style="list-style-type: none"> <li>• 500m 48.0 female</li> <li>• 500m 45.0 male</li> </ul> T2T-aged skaters: achieved a time equivalent to the 10 <sup>th</sup> -fastest T2T time submitted for the Canadian Youth Challenge: <ul style="list-style-type: none"> <li>• 500m 56.35 female</li> <li>• 500m 48.61 male</li> </ul>	Senior-aged skaters: achieved >2 Canada Cup time standards*.  Junior-aged skaters: achieved 2 Canada Cup time standards*.  T2T-aged skaters: achieved a time equivalent to the 5 <sup>th</sup> -fastest T2T time submitted for the Canadian Youth Challenge: <ul style="list-style-type: none"> <li>• 500m 49.35 female</li> <li>• 500m 44.25 male</li> </ul>

\*Canada Cup Time Standards:

		Senior Inside	Senior Outside	Junior Inside	Junior Outside
Women	500	0:44.0	0:46.9	0:46.2	0:50.6
	1000	1:27.2	1:33.0	1:31.6	1:40.3
	1500	2:15.3	2:24.2	2:22.0	2:35.4
	3000	4:44.7	5:03.3	4:58.7	5:26.7
Men	500	0:40.2	0:42.9	0:42.2	0:46.3
	1000	1:19.0	1:24.4	1:23.0	1:31.0
	1500	2:01.2	2:09.3	2:07.3	2:19.4
	3000			4:35.9	5:02.0
	5000	7:19.6	7:48.7	7:45.0	8:28.6

**Coach Nomination***Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete’s training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete’s coach of record based on sport-specific criteria below.

## **APPENDIX 1 – Sport-Specific Benefits, Programs, and Services**

### *BCSSA Targeted Athlete/Coach Benefits, Programs, and Services*

Podium / Canadian Elite (Sport Canada AAP Carded)

- Skaters are eligible to purchase a BCSSA skinsuit

Canadian Development

- Skaters are eligible to purchase a BCSSA skinsuit

Provincial Development Level 1

- Skaters are eligible to purchase a BCSSA skinsuit
- Skaters may also be nominated to GenBC programming

Provincial Development Level 2

- Skaters are eligible to purchase a BCSSA skinsuit
- Skaters may also be nominated to GenBC programming