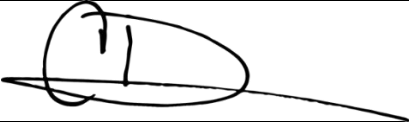
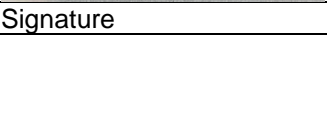




## Canadian Sport Institute Pacific and BC-Sliding Development Centre, Bobsleigh and Skeleton Athlete and Coach Nomination Criteria

Criteria Approved July 26<sup>th</sup>, 2021:

CSI Pacific Representative Candice Drouin	
	Signature
BC-SDC Representative Sally Bennett	
	Signature

## PURPOSE

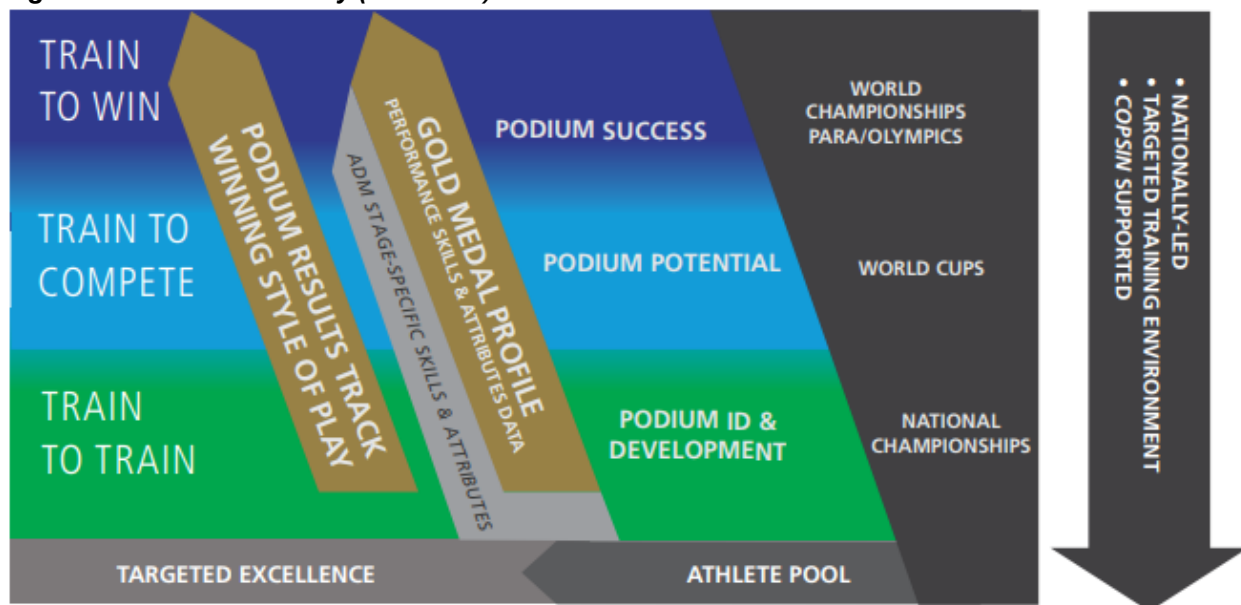
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC-Sliding Development Centre (BC-SDC), collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC-Sliding Development Centre (BC-SDC) high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC-Sliding Development Centre (BC-SDC) may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services.

Targeted athletes are nominated by BC-Sliding Development Centre (BC-SDC) based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Sally Bennett, sbennett@whistlersportlegacies.com. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC-Sliding Development Centre (BC-SDC) high performance program benchmarks to remain targeted. Sally Bennett and the Canadian Sport Institute technical lead working with BC-Sliding Development Centre (BC-SDC) have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC-Sliding Development Centre (BC-SDC) targeting runs August 1 to July 31st annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC-Sliding Development Centre (BC-SDC) targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC-Sliding Development Centre (BC-SDC) and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC-Sliding Development Centre (BC-SDC) as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC-Sliding Development Centre (BC-SDC)'s nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred.

### AND;

- b. The athlete in question was previously nominated by BC-Sliding Development Centre (BC-SDC) in the previous 24 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC-Sliding Development Centre (BC-SDC) sport-specific criteria:

### **Podium / Canadian Elite (Sport Canada AAP Carded)**

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*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of BC-Sliding Development Centre (BC-SDC), in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### **Canadian Development**

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*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

*BC-SDC Specific Criteria:*

- Athletes must meet the minimum BCS Physical Standards as outlined in Appendix A, invited by to a BCS Prospect Camp. **OR;**
- Athlete must have competed in a World Cup or World Championships in the last 12 months or in the last Winter Olympic Games held.

### **Provincial Development Level 1**

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*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - ⊖ Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

*\*Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

*BC-SDC Specific Criteria:*

- Attend Participated in 75% or more of the scheduled training in the last 12 months with evidence of an annual training plan, AND
- *Met the Physical Standards of Provincial Development Level 1 as outlined in Appendix A and be registered in a full-time high performance sliding program, AND*
- *Won a medal in an eligible event at the appropriate age group national championships (or equivalent level of performance standard)\* in the previous 24 months.*

\*all 2020-2021 races conducted at Whistler Sliding Centre meet the equivalency requirement.

## **Provincial Development Level 2**

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*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle)

*BC-SDC Specific Criteria:*

- Attend 75% or more of the scheduled training available to that athlete in the last 12 months with evidence of a training plan, AND
- Met the Physical Standards of Provincial Development Level 2 as outlined in Appendix A and be registered in a full-time high performance sliding program, AND
- Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) in the previous 24 months

## **Coach Nomination**

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*Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.

- Be designated as athlete's coach of record based on sport-specific criteria below.

*BC-SDC Specific Criteria:*

- Coaches must be in good standing with BC-SDC.
- Coaches must have completed NCCP Making Ethical Decisions, Making Head Way, Respect in Sport Online Module (or Commit to Kids).
- Completed a criminal record check for vulnerable sectors.

## Appendix A: Physical Testing Standards

### GENERAL

Born 2004 or earlier (18+)

\*Age in Sport Year, i.e. age of athlete as of January 1, 2022.

<b>Canadian Development/Sport Canada Carded (BCS Elite)</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (15m) (seconds)</b>	2.05-2.15	2.20-2.30
<b>Sprint (30m) (seconds)</b>	3.55-3.65	3.90-4.00
<b>Standing Long Jump (m)</b>	3.35-3.15	3.00-2.70
<b>Underhand Forward Throw (m)</b>	20.00- 17.50	15.50- 14.50

<b>Canadian Development (BCS Development)</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (15m) (seconds)</b>	2.16-2.40	2.31-2.50
<b>Sprint (30m) (seconds)</b>	3.66-3.90	4.01-4.20
<b>Standing Long Jump (m)</b>	3.14-2.43	2.69-2.30
<b>Underhand Forward Throw (m)</b>	17.49- 11.50	14.49- 12.50

<b>Provincial Development Level 1</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (30m) (seconds)</b>	3.91-4.00	4.21-4.35
<b>Standing Long Jump (m)</b>	2.30-2.42	2.10-2.29
<b>Underhand Forward Throw (m)</b>	11.00- 11.49	10.50- 12.49

<b>Provincial Development Level 2</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (30m) (seconds)</b>	4.01-4.10	4.36-4.45
<b>Standing Long Jump (m)</b>	2.15-2.29	1.9-2.09
<b>Underhand Forward Throw (m)</b>	10.5- 10.99	9.5-10.49

**YOUTH**

Birth year: 2005 – 2008 (b/w 14-17 years old)

\*Age in Sport Year, i.e. age of athlete as of January 1, 2022.

<b>Provincial Development Level 1</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (30m) (seconds)</b>	3.91-4.35	4.21-4.45
<b>Standing Long Jump (m)</b>	2.30-2.42	2.10-2.29
<b>Underhand Forward Throw (m)</b>	11.00- 11.49	10.50- 12.49

<b>Provincial Development Level 2</b>		
	<b>Men</b>	<b>Women</b>
<b>Sprint (30m) (seconds)</b>	4.36-4.65	4.46-4.75
<b>Standing Long Jump (m)</b>	2.15-2.29	1.9-2.09
<b>Underhand Forward Throw (m)</b>	10.5- 10.99	8.4-10.49