





# Canadian Sport Institute Pacific and Biathlon BC Athlete and Coach Nomination Criteria

Criteria Approved May 6, 2021

CSI Pacific Representative	
	Signature
Biathlon BC Representative	
	Signature

## PURPOSE

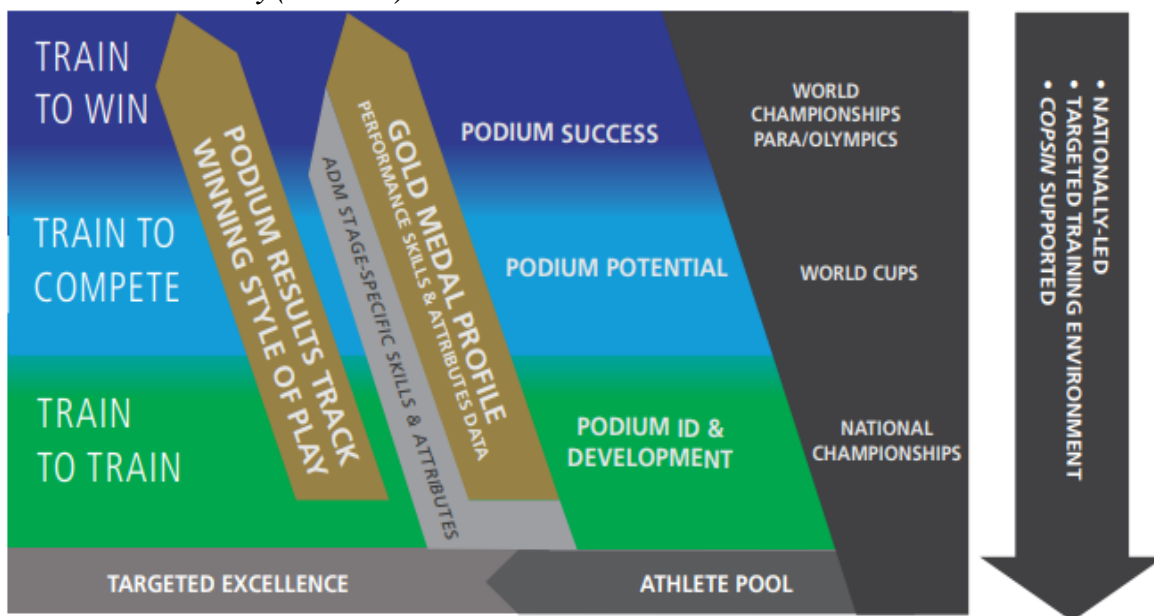
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Biathlon BC, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the Biathlon BC high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, Biathlon BC may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of Biathlon BC targeted athlete benefits, programs, and services as delivered through Biathlon BC.

Targeted athletes are nominated by Biathlon BC based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Jessica Blenkarn, [coach@biathlonbc.ca](mailto:coach@biathlonbc.ca). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward Biathlon BC high performance program benchmarks to remain targeted. Jessica Blenkarn and the Canadian Sport Institute technical lead working with Biathlon BC have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / Biathlon BC targeting runs June 1 to May 31 annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the Biathlon BC targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by Biathlon BC and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with Biathlon BC as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on Biathlon BC's nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by Biathlon BC in the previous 24 months.
4. Athletes must sign an athlete agreement with Biathlon BC outlining their responsibilities and their training commitment.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the Biathlon BC sport-specific criteria:

### Podium / Canadian Elite (Sport Canada AAP Carded)

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of Biathlon BC, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### Canadian Development

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as “NextGen” defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

*Biathlon BC Sport-Specific Criteria:*

Athletes who meet all of the following three criteria:

1. are not Sport Canada AAP Carded and meet at least one of the following:
  - (a) are a member of the Senior National Training Team;
  - (b) are a member of the Senior National Development Training Team;
  - (c) represented Canada in the previous 12 months at the IBU World Championships, the IBU World Cup or the IBU Cup; **OR**
  - (d) are a member of the U24 National Development Training Team;
2. achieved in the previous 12 months an average competition percentage of at least 92% from their best three performances at Biathlon Canada sanctioned competitions in the Youth Men/Women, Junior Men/Women, or Senior Men/Women categories;

**AND**

3. achieved in the previous 12 months a minimum of 8 of the 10 of the performance benchmarks in Appendix 2 for the Canadian Development stage of the Biathlon BC Pathway.

Notwithstanding the above criteria, due to the cancellation of the 2020-2021 competition season, athletes who:

1. are members of the 2021-2022 HP Squad;

**AND**

2. in the previous 12 months were either:
  - (a) a member of the Senior National Training Team\*;
  - (b) a member of the Senior National Development Training Team\*; **OR**
  - (c) a member of the U24 National Development Training Team\*;

will be nominated for Canadian Development for the 2021-2022 competition season.

- *Biathlon Canada selection criteria can be found here:* <http://biathloncanada.ca/wp-content/uploads/2021/03/FINAL-2021-2022-Training-Team-selection-document.pdf>

### **Provincial Development Level 1**

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*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

- Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
- Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

*\*Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

*Biathlon BC Sport-Specific Criteria:*

Athletes who meet all of the following three criteria:

1. meet at least one of the following:
  - (a) qualified to represent Canada at the IBU Junior Cup, the IBU Youth/Junior World Championships or the Youth Olympic Games within the previous 12 months;
  - (b) are a member of the U20 National Development Team\*; **OR**
  - (c) are a member of the BiBC High Performance Squad or Performance Squad\*\*;
2. achieved in the previous 12 months an average competition percentage of at least 90% from their best three performances at Biathlon Canada sanctioned competitions in the Youth Men/Women, Junior Men/Women, or Senior Men/Women categories;

**AND**

3. achieved in the previous 12 months a minimum of 8 of the 10 of the performance benchmarks in Appendix 2 for the Provincial Development Level 1 stage of the Biathlon BC Pathway.

Notwithstanding the above criteria, due to the cancellation of the 2020-2021 competition season, athletes who:

1. are members of the 2021-2022 HP Squad or Performance Squad;

**AND**

2. were on the targeted list for the 2020-2021 season;

will be nominated for Provincial Development Level 1 for the 2021-2022 competition season.

*\* The eligibility criteria for Biathlon BC Squads and the calculation of Competition Percentage is set out in the Biathlon BC Athlete Manual available through this link: <http://biathlonbc.ca/athlete-development/>*

## **Provincial Development Level 2**

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

- Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
- Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

### *Biathlon BC Sport-Specific Criteria:*

Athletes who meet all of the following three criteria:

1. are a member of the BiBC High Performance Squad, Performance Squad, or Development Squad;
2. achieved in the previous 12 months an average competition percentage of at least:
  - (a) 85% from their best three performances at Biathlon Canada sanctioned competitions in the Youth Men/Women, Junior Men/Women, or Senior Men/Women categories;
  - (b) 85% from their best two performances at Biathlon Canada sanctioned competitions in the Senior

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<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Boy/Girl categories; **OR**  
 (c) 90% from their best three performances at Biathlon BC sanctioned competitions in the Senior Boy/Girl categories;

**AND**

3. who achieved in the previous 12 months a minimum of 6 of the 10 of the performance benchmarks in Appendix 2 for the Provincial Development Level 2 stage of the Biathlon BC Pathway.

Notwithstanding the above criteria, due to the cancellation of the 2020-2021 competition season, athletes who:

1. are members of the 2021-2022 HP Squad, Performance Squad or Development Squad;

**AND**

2. are on the targeted list for the 2020-2021 season, or would have met the Provincial Development Level 2 criteria if the 2020-2021 competitive season was not cancelled;

will be nominated for Provincial Development Level 2 for the 2021-2022 competition season.

### **Coach Nomination**

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*Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

*Biathlon BC Sport-Specific Criteria: (Optional):*

- Coaches who are NCCP Competition-Development trained.

## **APPENDIX 1 – Sport-Specific Benefits, Programs, and Services**

### *Biathlon BC Targeted Athlete/Coach Benefits, Programs, and Services*

#### Podium / Canadian Elite (Sport Canada AAP Carded)

- High Performance Grants
- Access to Provincial Team Camps at a reduced fee
- Subsidies for performance-criteria testing

#### Canadian Development

- High Performance Grants
- Access to Provincial Team Camps at a reduced fee
- Provide coaching support for national-level competitions
- Provide support for testing, assessments and training/competition expenses
- Access to equipment selection expertise and sponsoring opportunities

#### Provincial Development Level 1

- Provide feedback on a yearly periodized training plan individually tailored to specific athlete
- Access to Provincial Team Camps at a reduced fee
- Provide coaching support for national-level competitions
- Provide support for testing, assessments and training/competition expenses
- Access to equipment selection expertise and sponsoring opportunities

#### Provincial Development Level 2

- Provide feedback on a yearly periodized training plan individually tailored to specific athlete
- Access to Provincial Team Camps at a reduced fee
- Provide coaching support for national-level competitions
- Provide support for testing, assessments and training/competition expenses
- Access to equipment selection expertise and sponsoring opportunities



## APPENDIX 2 – Performance Criteria

Category	Key Performance Indicator	Canadian Development	Provincial Development Level 1	Provincial Development Level 2
<b>Technical / Tactical Ski</b>	Skiing Report Card (15 points)	10 points	8 points	6 points
<b>Technical / Tactical Shooting</b>	Shooting Report Card (30 points)	18 points	15 points	12 points
<b>Physical</b>	3000m Run	Men: 10:30 Women: 11:30	Men: 11:00 Women: 12:00	Men: 12:00 Women: 13:00
<b>Physical</b>	Incremental Running Test	2 tests completed	2 tests completed	not applicable
<b>Shooting Performance</b>	National Team Test	400 points	300 points	200 points
<b>Shooting Performance</b>	Shooting Percentage	80%	70%	60%
<b>Mental Performance</b>	Mental Performance Report Card (50 points)	30 points	25 points	20 points
<b>Health</b>	Health Report Card (5 points)	4 points	3 points	2 points
<b>Equipment</b>	Equipment Report Card (10 points)	8 points	6 points	4 points
<b>Daily Training Environment</b>	DTE Report Card (20 points)	14 points	10 points	8 points

Details on the categories, key performance indicators, benchmarks and their measurement, and their integration with Biathlon Canada's Gold Medal Profile are set out in the Biathlon BC Athlete Tracking Framework and the Biathlon BC Report Card, available through this link: <http://biathlonbc.ca/athlete-development/>