
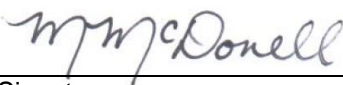




BC WHEELCHAIR SPORTS RUGBY

Canadian Sport Institute Pacific and BC Wheelchair Sports Association (Rugby) Athlete and Coach Nomination Criteria

Criteria Approved **November 6th, 2020:**

CSI Pacific Representative	
Drew Todd Manager, Performance Programs	Signature
BCWSA Representative	
Michelle McDonnell Program Manager	Signature

PURPOSE

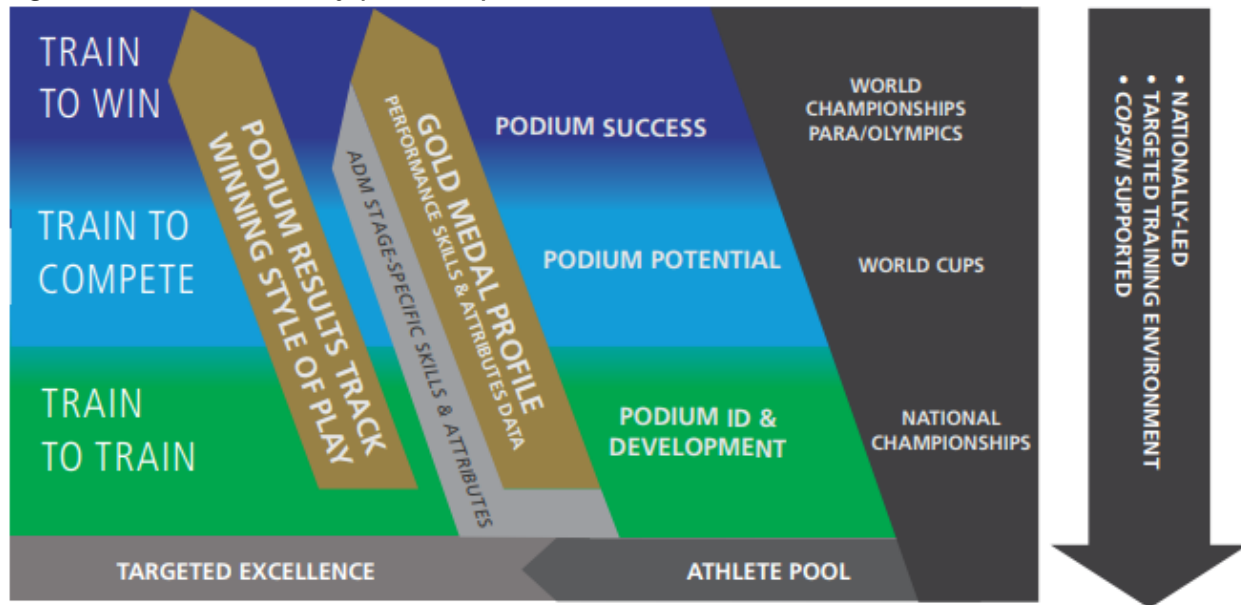
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Wheelchair Sports Association, collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Wheelchair Sports Association high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

Figure 1 – Podium Pathway (LTAD 3.0)



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Wheelchair Sports Association may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into [four levels](#) based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Wheelchair Sports Association targeted athlete benefits, programs, and services as delivered through BC Wheelchair Sports Association.

Targeted athletes are nominated by BC Wheelchair Sports Association based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Michelle McDonell (Program Manager), michelle@bcwheelchairsports.com or Trevor Hirschfield (High Performance Coach), trevor@bcwheelchairsports.com. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Wheelchair Sports Association high performance program benchmarks to remain targeted. Michelle McDonell and the Canadian Sport Institute technical lead working with BC Wheelchair Sports Association have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Wheelchair Sports Association targeting runs December 1st – November 30th annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Wheelchair Sports Association targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Wheelchair Sports Association and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Wheelchair Sports Association as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Wheelchair Sports Association's nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
 - b. The athlete in question was previously nominated by BC Wheelchair Sports Association in the previous 24 months.
4. Participate in, or are available for, BCWSA programs and competitions.
5. Hold a valid Canadian and/or IWRF classification (0.5 – 3.5), or meet minimum sport class eligibility standards as outlined in the IWRF Classification Manual, with the expectation of receiving an eligible sport class within the next 12 months

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Wheelchair Sports Association sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

**Note, it is the responsibility of BC Wheelchair Sports Association in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

BC Wheelchair Sports Association Sport-Specific Criteria:

- Athletes who have been invited to a senior national team selection camp. **OR**;
- Athletes who are registered to the NextGen program and meet a minimum of 115 points in the scoring matrix. For more information, contact Patrick Cote (Wheelchair Rugby Canada Head Coach) pat@wheelchairrugby.ca

AND

- Athlete is engaging in Strength & Conditioning and other services with a dedicated ITP monitored by the PSO or NSO. **AND**;
- Athlete complies with most (70%+) benchmarks outlined in the Learn to Win / Train to Win stage of the HP Pathway identified in Appendix B.

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),
- AND**
- Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

**Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

BC Wheelchair Sports Association Sport-Specific Criteria:

- Athletes who have participated in a NextGen camp or have competed at a targeted NextGen event in the previous 24 months. **AND**;
- Athletes who have competed for the Provincial A team at Canadian Nationals (or equivalent Division 1 event) in the previous 24 months.

AND

- Athlete is receiving targeted Strength & Conditioning and other services with a dedicated ITP monitored by the PSO or NSO. **AND**;
- Athlete complies with most (70%+) benchmarks outlined in the Train to Compete stage of the HP Pathway identified in Appendix B.

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
 - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

AND

 - Competed in an eligible event at the appropriate² age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
 - Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

BC Wheelchair Sports Association Sport-Specific Criteria:

- Athletes who are registered in, or tracking toward, the NextGen program, and have been selected to attend a targeted event (e.g. Provincial Prospect camp, National Prospect camp, D1 NextGen tournament) in the previous 24 months. **OR**;
- Athletes who have competed for Team BC at the B Division Level Canadian Nationals in the previous 24 months.

AND

- Athlete is identified or invited to attend the National Prospects Camp in the previous 24 months. **AND**;
- Athlete has participated in BCWSA provincial team camps or targeted events (as per the BCWSA targeted development event calendar: e.g. Vancouver Invitational) in the previous 24 months. **AND**;
- Athlete complies with most (70%+) benchmarks outlined in the Train to Train stage of the HP Pathway identified in Appendix B.

OR

- An athlete may be considered for nomination if he/she is an essential part of maintaining a training group for the benefit of other targeted athletes in the program (based on classification and experience). This criteria includes athletes who are former National Team or Division 1 Provincial Team athletes who fit into classifiable lineups that enhance the training group.

² Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

BC Wheelchair Sports Association Sport-Specific Criteria: (Optional):

- Coach must be current member in good standing with BC Wheelchair Sports Association.
- Coach must be, at minimum, working on NCCP Competition-Development Trained status (*An exemption will be provided to regional coaches who are completing their Introduction Competition Certification after the start of this season. They must begin working on Completion Development Training within the next 12 months*).
- Coach must be working directly with athletes in the Provincial Team or NextGen program and be receiving targeted coach development support from the PSO.

APPENDIX A – Sport-Specific Benefits, Programs, and Services

BC Wheelchair Sports Association Targeted Athlete/Coach Benefits, Programs, and Services

Access to IST Services

Access to nutrition, doping education, mental training, and other performance enhancement workshops and sessions as per yearly training program.

Insurance

BCWSA provides insurance coverage for individual members through SBC Insurance Agencies LTD. This coverage includes general accident and third party liability and covers all training and competition activities (within Canada) authorized by BCWSA and our clubs. Director's Liability Insurance for clubs is also included.

Access to BCWSA Programs

Individual members are eligible to participate in regular BCWSA programming and sanctioned regional, provincial, and national level events such as the BC League, the BC HP League, Development Programs, Tournaments, and Provincial Team / NextGen Programs (including training and competitions). Members are also eligible to participate in the BCWSA Wheelchair Loan Program.

Access to Additional Funding

Individual members are given consideration for Travel Subsidies, IST Access, and Provincial Team Funding. Funding support is also provided for Coaching and Officials education and development.

Newsletter/Website

Members receive electronic new updates throughout the year keeping them informed and up-to-date on wheelchair sports programs, current events, tournaments, and other wheelchair sports news. Members are also promoted regularly through our website: www.bcwheelchairsports.com.

APPENDIX B – Wheelchair Rugby HP Pathway Benchmarks

Category	Benchmark or KPI	Provincial Dev 2	Provincial Dev 1	Canada Development	Canadian Elite
Approximate LTAD Stage		Train to Train / Train to Compete	Train to Compete / Learn to Win	Learn to Win / Train to Win	Train to Win
Program	Daily Training Environment	70% attendance based on 2 days per week	80% attendance based on 5 days per week	80% attendance based on 5 days per week	N/A
Program	Next Gen or NT Training Camps	N/A	50% of camps offered	100% of camps offered	100% of camps offered
Program	Provincial Selection Camp	100% attendance*	100% attendance*	100% attendance*	N/A
Program	National Team Selection Camp	N/A	N/A	75% of athletes will be selected*	100% of athletes will be selected*
Program	Min. Hours Training / week	4	8-10	8-10	N/A
Performance Services	Workshop attendance (CSI Pacific / PacificSport)	1 per year	2 per year	2 per year	N/A
Monitoring	Meetings with BCWSA program coach	check-in minimum every 6 weeks to monitor training and evaluate performance based on YTP	Weekly phone calls to monitor training and evaluate performance based on ITPs	Weekly phone calls to monitor training and evaluate performance based on ITPs. Regular monitoring through S&C Provider and Medical Lead	N/A
Technical	Scale based on 5 criteria of the GMP	20	25 - 30	30 or above	N/A
Tactical	Scale based on 6 criteria of the GMP	20 - 25	25 - 32	32 - 42	N/A
Psychological	Scale based on 6 criteria of the GMP	20 - 25	25 - 32	32 - 42	N/A
Physical	Scale based on 4 criteria of the GMP	10 or above	10 or above	20 or above	N/A
Health and Nutrition	Scale based on 4 criteria of the GMP	20	20 - 30	30 and above	N/A
Daily Training Environment	Scale based on 4 criteria of the GMP	20	20 - 30	30 and above	N/A

(GMP – Gold Medal Profile as outlined by Wheelchair Rugby Canada)

**Unless medical, education, or other extenuating circumstances prevent attendance whereby documentation will be provided to BCWSA for review.*