





**Canadian Sport Institute Pacific  
and **BC Wheelchair Basketball Society**  
Athlete and Coach Nomination Criteria**

Criteria Approved **May 6<sup>th</sup>, 2020:**

CSI Pacific Representative  Drew Todd Manager, Performance Programs	
<b>BC Wheelchair Basketball Society</b> Representative  Simon Cass Provincial Coach	
	Signature
	Signature

## PURPOSE

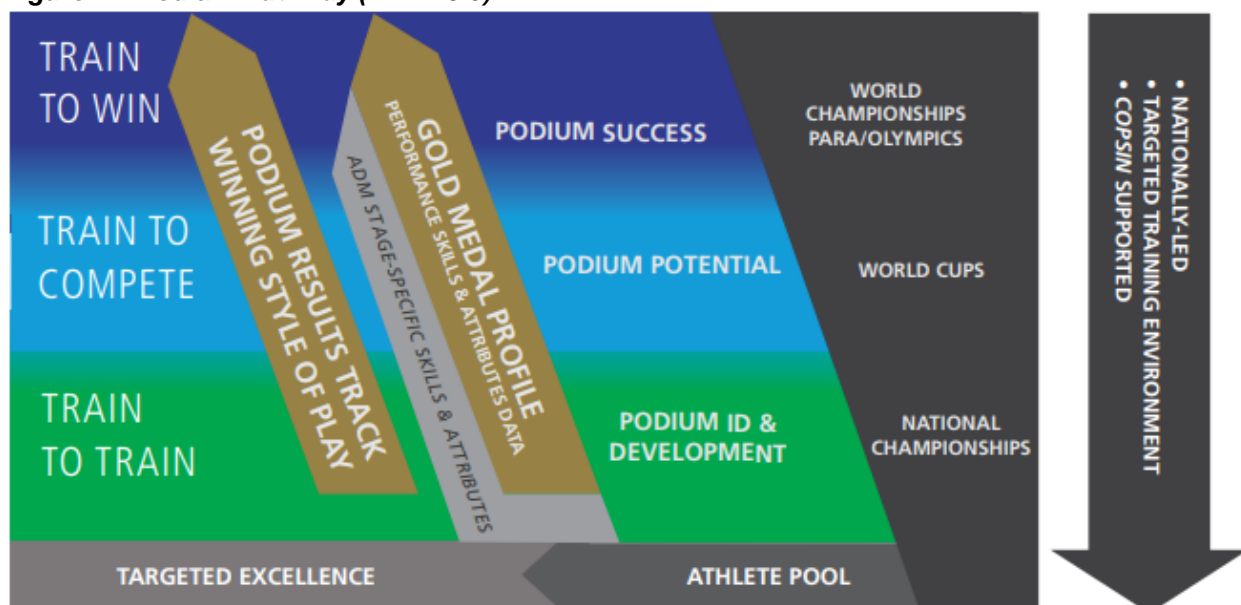
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and **BC Wheelchair Basketball Society**, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the **BC Wheelchair Basketball Society** high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years away) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years away) of athletes and teams.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, **BC Wheelchair Basketball Society** may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into **four levels** based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of **BC Wheelchair Basketball Society** targeted athlete benefits, programs, and services as delivered through **BC Wheelchair Basketball Society**.

Targeted athletes are nominated by **BC Wheelchair Basketball Society** based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to **Simon Cass**, [simon@bcwbs.ca](mailto:simon@bcwbs.ca). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward **BC Wheelchair Basketball Society** high performance program benchmarks to remain targeted. **Simon Cass** and the Canadian Sport Institute technical lead working with **BC Wheelchair Basketball Society** have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / **BC Wheelchair Basketball Society** targeting runs **June 1<sup>st</sup> – May 31<sup>st</sup>** annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the **BC Wheelchair Basketball Society** targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by **BC Wheelchair Basketball Society** and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with **BC Wheelchair Basketball Society** as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on **BC Wheelchair Basketball Society's** nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by **BC Wheelchair Basketball Society** in the previous 24 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the **BC Wheelchair Basketball Society** sport-specific criteria:

### **Podium / Canadian Elite (Sport Canada AAP Carded)**

---

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

*\*Note, it is the responsibility of **BC Wheelchair Basketball Society**, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### **Canadian Development**

---

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

***BC Wheelchair Basketball Society** Sport-Specific Criteria:*

- **Athletes selected or invited to Senior National Team event or camp within the previous 12 months, OR;**
- **Athletes ranked in the top 12 of the National U23 Male Team or National U25 Team depth chart as verified by the NSO.**

**AND**

- Internationally classifiable with the classification review either having occurred within the past 24 months or scheduled within the upcoming 12 months, **AND**;
- Complying on most benchmarks outlined for the Learn-To-Win / Train-To-Win stage of the HP Pathway identified in Appendix 2.

**Provincial Development Level 1**

---

*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

- Competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
- Won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

*\*Note, there is an expectation that athletes nominated at the Provincial Development level convert into National Team programs (Canadian Development or Podium / Canadian Elite) within a maximum duration of five years (combined Provincial Development Level 1 and Level 2).*

*BC Wheelchair Basketball Society Sport-Specific Criteria:*

- Athletes who attended National Junior ID Camp within the previous 12 months, **AND**;
- Internationally classifiable with the classification review either having occurred within the past 24 months or scheduled within the upcoming 12 months, **AND**;
- Selected for Team BC to compete at the National Championships within the previous 12 months (selection policy found here: <http://www.bcwbs.ca/athletes/programs-teams/provincial-teams>), **AND**;
- Complying on most benchmarks outlined for the Train-To-Compete stage of the HP Pathway identified in Appendix 2.

**Provincial Development Level 2**

---

*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway

and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:

- Met specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile categories: Physical, Technical, Tactical, Mental, Lifestyle),

**AND**

- Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR**;
- Won a medal in an eligible event at their appropriate age group provincial championships in the previous 12 months, **OR**;

*BC Wheelchair Basketball Society Sport-Specific Criteria*

:

- Athletes who attended National Junior ID Camp within the previous 12 months, **OR**;
- Athletes who participated in BCWBS High Performance provincial programming in the previous 12 months.

**AND**

- Internationally classifiable with the classification review either having occurred within the past 24 months or scheduled within the upcoming 12 months, **OR**;
- Nationally classifiable, able-bodied athletes selected for a BCWBS event in the previous 12 months (e.g. Canada Games – U24, Junior Nationals – U24, Junior Regionals – U24, Senior Nationals).

**AND**

- Complying on most benchmarks outlined for the Train-To-Train stage of the HP Pathway identified in Appendix 2.

## **Coach Nomination**

---

*Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.

---

<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- Be designated as athlete's coach of record based on sport-specific criteria below.

*BC Wheelchair Basketball Society Sport-Specific Criteria: (Optional):*

- At minimum, must be NCCP Competition-Development Trained or Introduction to Competition Advanced Certified.

## **APPENDIX 1 – Sport-Specific Benefits, Programs, and Services**

### *BC Wheelchair Basketball Society Targeted Athlete/Coach Benefits, Programs, and Services*

#### **IST/PEP**

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program.

#### **Insurance**

BCWBS provides insurance coverage for individual members through Jardine Lloyd Thompson Canada Inc. This coverage includes general accident and third party liability and covers all training and competition activities authorized by BCWBS and your club. Directors' Liability Insurance for clubs is also included.

#### **Access to BCWBS Programs**

Individual members are eligible to participate in regular BCWBS programming and sanctioned regional, provincial and national level events such as the BC-CWBL, Development Programs, Junior & Mini-Basket Camps and Tournaments, Canada Games and Provincial Team Programs which includes training and competitions. Members are also eligible to participate in the BCWBS Wheelchair Loan Program and may be recognized through the BCWBS Annual Awards Program.

#### **Access to Special Funding**

Individual members are given consideration for the Athlete Assistance Program (athletes), Travel Subsidy, National Team Assessment Support and Provincial Team Funding. Funding support is also provided for Coaching and Officials education and development. Member clubs are eligible to apply for the BCWBS grant program open to applications annually.

#### **Newsletter/Website**

Members receive electronic issues of newsletter throughout year, keeping them informed and up-to-date on wheelchair basketball programs, current events, tournaments, and other wheelchair basketball news from around the Province. Members are encouraged to contribute to these publications. The BCWBS website [www.bcwbs.ca](http://www.bcwbs.ca) is also a key source of information for members.

#### **Special Mailings**

Members receive information on BCWBS programs, camps and clinics, jamborees, workshops, competitions and special events.

#### **Access to Resources**

BC Wheelchair Basketball has a resource library available to all members. On occasion development resources and equipment are also made available to registered clubs throughout the province.



## APPENDIX 2 – Wheelchair Basketball BC Pathway Benchmarks

Category	Benchmark or KPI	Provincial Dev 2	Provincial Dev 1	Canadian Development	Canadian Elite / Podium
Approximate LTAD Stage		Train to Train/Train to Compete	Train to Compete/Learn to Win	Learn to win/Train to Win	Train to Win
Program	Provincial Training Camps	>80% attendance	100% attendance	100% attendance	N/A
Program	National training camps	1-2 Camps / year	2-4 Camps / year	4-6 Camps / year	1-2 BC Camps / year
Program	Min. Hours Training / week	8	12	15	18
Performance Services	Workshop attendance (CSI Pacific / PacificSport)	50% of available workshops	75% of available workshops	100% of available workshops	
Monitoring	Meetings in BCWBS program coach	check-in minimum every 6 weeks to monitor training and evaluate Individual Performance Plan (IPP)	Bi-Weekly Phone Calls	Weekly phone calls, monthly check-in with national program coach	Weekly phone calls, monthly check-in with national program coach
20M sprint time	Class 1.0-2.0	~75% of GMP target (5.20s M, 5.6s F), and tracking appropriately along predicted curves	~80% of GMP target (5.20s M, 5.6s F), and tracking appropriately along predicted curves	~90% of GMP target (5.20s M, 5.6s F), and tracking appropriately along predicted curves	~95% of GMP target (5.20s M, 5.6s F), and tracking appropriately along predicted curves
	Class 2.5-3.5	~75% of GMP target (5.00s M, 5.20s F), and tracking appropriately along predicted curves	~80% of GMP target (5.00s M, 5.20s F), and tracking appropriately along predicted curves	~90% of GMP target (5.00s M, 5.20s F), and tracking appropriately along predicted curves	~95% of GMP target (5.00s M, 5.20s F), and tracking appropriately along predicted curves
	Class 4.0-4.5	~75% of GMP target (4.60s M, 4.85 F), and tracking appropriately along predicted curves	~80% of GMP target (4.60s M, 4.85 F), and tracking appropriately along predicted curves	~90% of GMP target (4.60s M, 4.85 F), and tracking appropriately along predicted curves	~95% of GMP target (4.60s M, 4.85 F), and tracking appropriately along predicted curves
Pylon Passing Drill	Class 1.0-2.0	~75% of GMP target (37s M, 39.5s F), and tracking appropriately along predicted curves	~80% of GMP target (37s M, 39.5s F), and tracking appropriately along predicted curves	~90% of GMP target (37s M, 39.5s F), and tracking appropriately along predicted curves	~95% of GMP target (37s M, 39.5s F), and tracking appropriately along predicted curves
	Class 2.5-3.5	~75% of GMP target (35.00s M, 37.5s F), and tracking appropriately along predicted curves	~80% of GMP target (35.00s M, 37.5s F), and tracking appropriately along predicted curves	~90% of GMP target (35.00s M, 37.5s F), and tracking appropriately along predicted curves	~95% of GMP target (35.00s M, 37.5s F), and tracking appropriately along predicted curves
	Class 4.0-4.5	~75% of GMP target (4.7s M, 5.1s F), and tracking appropriately along predicted curves	~80% of GMP target (4.7s M, 5.1s F), and tracking appropriately along predicted curves	~90% of GMP target (4.7s M, 5.1s F), and tracking appropriately along predicted curves	~95% of GMP target (4.7s M, 5.1s F), and tracking appropriately along predicted curves
U Turns	Class 1.0-2.0	~75% of GMP target (31.50s M, 34.50s F),	~80% of GMP target (31.50s M, 34.50s F),	~90% of GMP target (31.50s M, 34.50s F),	~95% of GMP target (31.50s M, 34.50s F),

		and tracking appropriately along predicted curves	and tracking appropriately along predicted curves	and tracking appropriately along predicted curves	and tracking appropriately along predicted curves
	Class 2.5-3.5	~75% of GMP target (29.00s M, 32.00s F), and tracking appropriately along predicted curves	~80% of GMP target (29.00s M, 32.00s F), and tracking appropriately along predicted curves	~90% of GMP target (29.00s M, 32.00s F), and tracking appropriately along predicted curves	~95% of GMP target (29.00s M, 32.00s F), and tracking appropriately along predicted curves
	Class 4.0-4.5	~75% of GMP target (4.80s), and tracking appropriately along predicted curves	~80% of GMP target (4.80s), and tracking appropriately along predicted curves	~90% of GMP target (4.80s), and tracking appropriately along predicted curves	~95% of GMP target (4.80s), and tracking appropriately along predicted curves
<b>Agility Test w/ ball</b>	Class 1.0-2.0	~75% of GMP target (25.00s M, 28.00s F), and tracking appropriately along predicted curves	~80% of GMP target (25.00s M, 28.00s F), and tracking appropriately along predicted curves	~90% of GMP target (25.00s M, 28.00s F), and tracking appropriately along predicted curves	~95% of GMP target (25.00s M, 28.00s F), and tracking appropriately along predicted curves
	Class 2.5-3.5	~75% of GMP target (22.50s M, 25.00s F), and tracking appropriately along predicted curves	~80% of GMP target (22.50s M, 25.00s F), and tracking appropriately along predicted curves	~90% of GMP target (22.50s M, 25.00s F), and tracking appropriately along predicted curves	~95% of GMP target (22.50s M, 25.00s F), and tracking appropriately along predicted curves
	Class 4.0-4.5	~75% of GMP target (21.00s, 23.00 F), and tracking appropriately along predicted curves	~80% of GMP target (21.00s, 23.00 F), and tracking appropriately along predicted curves	~90% of GMP target (21.00s, 23.00 F), and tracking appropriately along predicted curves	~95% of GMP target (21.00s, 23.00 F), and tracking appropriately along predicted curves
<b>Average Score on Individual Technical Quality Measure</b>	All of these are graded at an International level according to WBC's data	0.8	1.4	1.8	2.2

**(GMP = Gold Medal Profile as outlined by Wheelchair Basketball Canada)**