

# Canadian Sport Institute Pacific and BC Rhythmic Sportive Gymnastics Federation Athlete and Coach Nomination Criteria

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CSI Pacific Representative	
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	Signature

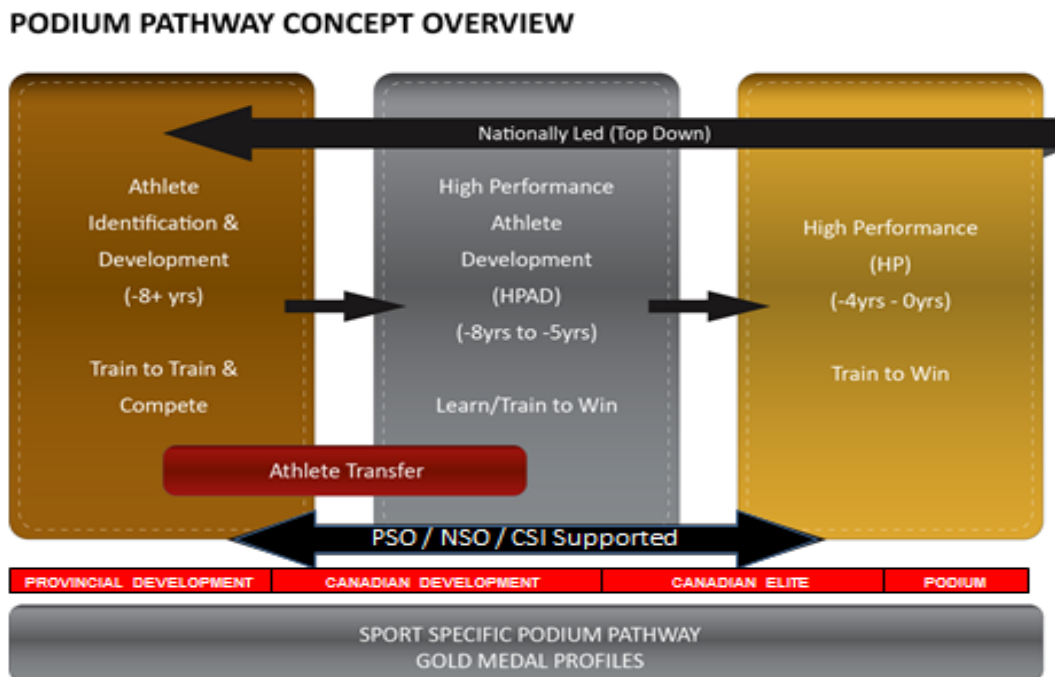
## PURPOSE

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Rhythmic Sportive Gymnastics Federation collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Rhythmic Sportive Gymnastics Federation high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program. Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years from Podium) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years from Podium) of athletes and teams.

Figure 1



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC Rhythmic Sportive Gymnastics Federation may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into [four levels](#) based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Rhythmic Sportive Gymnastics Federation targeted athlete benefits, programs, and services as delivered through BC Rhythmic Sportive Gymnastics Federation.

Targeted athletes are nominated by BC Rhythmic Sportive Gymnastics Federation based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to BC Rhythmic Sportive Gymnastics Federation Sashka Gitcheva [bcrgsf@rhythmicsbc.com](mailto:bcrgsf@rhythmicsbc.com). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Rhythmic Sportive Gymnastics Federation high performance program benchmarks to remain targeted. Sachka Gitcheva and the Canadian Sport Institute technical lead working with BC Rhythmic Sportive Gymnastics Federation have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Rhythmic Sportive Gymnastics Federation targeting runs from February 1<sup>st</sup> - January 31<sup>st</sup> annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Rhythmic Sportive Gymnastics Federation targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Rhythmic Sportive Gymnastics Federation and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Rhythmic Sportive Gymnastics Federation as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Rhythmic Sportive Gymnastics Federation's nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by BC Rhythmic Sportive Gymnastics Federation in the previous 24 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Rhythmic Sportive Gymnastics Federation sport-specific criteria:

### **Podium / Canadian Elite (Sport Canada AAP Carded)**

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*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

### **Canadian Development**

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*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as 'Hot prospects' defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

BC Rhythmic Sportive Gymnastics Federation *Sport-Specific Criteria:*

- Athletes selected to the Senior National Team, **AND;**
- Athletes who ranked in the top 10 at the most recent Canadian National Championships (<http://www.gymcan.org/disciplines/rhythmic/results>).

**OR;**

- Athletes selected to the Junior National Team who are in their last year of Junior eligibility.

### Provincial Development Level 1

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#### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet one of the two criteria below:
  - Have competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
  - Have won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

\*Note: Athletes who are eligible for Provincial Development are typically supported for a maximum duration of 5 years (combined Provincial Development Level 1 and Level 2).

#### *BC Rhythmic Sportive Gymnastics Federation Sport-Specific Criteria:*

- Athletes who ranked 11-15 at the most recent Canadian National Championships in the Senior High Performance category (<http://www.gymcan.org/disciplines/rhythmic/results>), **OR**;
- Athletes who medalled at the most recent Canadian National Championships in the Junior High Performance category (<http://www.gymcan.org/disciplines/rhythmic/results>), **OR**;
- Athletes who ranked in the top 3 at the most recent Canadian National Championships in the Junior FIG Group category (<http://www.gymcan.org/disciplines/rhythmic/results>). **OR**;
- Athletes selected to the Junior National Team *not* in their last year of Junior eligibility.

### Provincial Development Level 2

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#### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet one of the two criteria below:
  - Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) and/or place within the top 20% at the appropriate age group provincial championships in the previous 12 months, **OR**;
  - Competed for Team BC at Canada Summer Games or Canada Winter Games in the previous 12 months.

#### *BC Rhythmic Sportive Gymnastics Federation Sport-Specific Criteria:*

- Athletes (Senior and Junior) who ranked in the top 10 at Western Nationals, **OR**;

- Athletes who ranked in the top 10 at the most recent Canadian National Championships in the Novice category (<http://www.gymcan.org/disciplines/rhythmic/results>).

### **Coach Nomination**

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#### *Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

#### *BCRSGF Sport Specific Criteria: (Optional)*

- Coaches must be Level 3 certified and have criminal record checked submitted to BCRSGF.

## **APPENDIX 1 – Sport-Specific Benefits, Programs, and Services**

### **BCRSGF Targeted Athlete/Coach Benefits, Programs, and Services**

#### Canadian Development

Eligible athletes will be invited to:

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet).
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Athletes Assistance Program

Travel Assistance Funding - Level 1

#### Provincial Development – Level 1

Eligible athletes will be invited to:

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding - Level 2

#### Provincial Development – Level 2

Eligible athletes will be invited to:

- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding