



Canadian Sport Institute Pacific and British Columbia Amateur Hockey Association Athlete and Coach Nomination Criteria

Criteria Approved **January 30th, 2019:**

CSI Pacific Representative Drew Todd	
	Signature
BC Hockey Representative Barry Petrachenko	
	Signature

PURPOSE

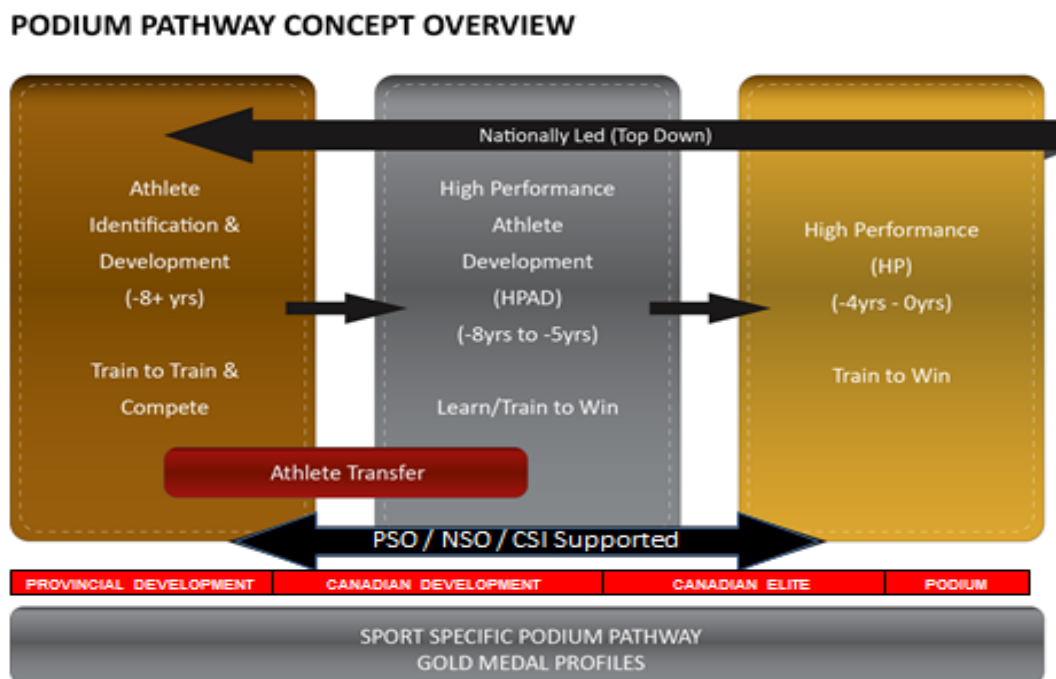
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Hockey, collaborates to deliver programs and services to place BC athletes¹ onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Hockey high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years from Podium) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years from Podium) of athletes and teams.

Figure 1



¹ In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

DETAILS

Through the above partnership, and with the above purpose in mind, BC Hockey may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute athlete and coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Hockey targeted athlete benefits, programs, and services as delivered through BC Hockey.

Targeted athletes are nominated by BC Hockey based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Sean Orr, sorr@bchockey.net. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Hockey high performance program benchmarks to remain targeted. Sean Orr and the Canadian Sport Institute technical lead working with BC Hockey have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Hockey targeting runs November 1st – October 31st annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Hockey targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Hockey and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Hockey as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Hockey's nomination list at coach's discretion when:
 - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND**;
 - b. The athlete in question was previously nominated by BC Hockey in the previous 24 months.

LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Hockey sport-specific criteria:

Podium / Canadian Elite (Sport Canada AAP Carded)

Canadian Sport Institute Criteria:

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

Canadian Development

Canadian Sport Institute Criteria:

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
 - Athletes who have been targeted as 'Hot prospects' defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

BC Hockey Sport-Specific Criteria:

- Athletes selected to the Women's National Team not currently receiving Sport Canada AAP Carding; **OR**
- Athletes selected to the National Women's Development Team within the previous 12 months.

AND

- Trains in BC for a minimum of three (3) months a year.

Provincial Development Level 1

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet one of the two criteria below:
 - Have competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
 - Have won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

*Note: Athletes who are eligible for Provincial Development are typically supported for a maximum duration of 5 years (combined Provincial Development Level 1 and Level 2).

BC Hockey Sport-Specific Criteria:

- Athletes selected to the National Women's Under-18 Team within the previous 12 months.

AND

- Trains in BC for a minimum of three (3) months a year.

Provincial Development Level 2

Canadian Sport Institute Criteria:

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet one of the two criteria below:
 - Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) and/or place within the top 20% at the appropriate age group provincial championships in the previous 12 months, **OR**;
 - Competed for Team BC at Canada Summer Games or Canada Winter Games in the previous 12 months.

BC Hockey Sport-Specific Criteria:

- Male athletes selected to Team BC Canada Winter Games squad within the previous 12 months; **OR**
- Female athletes selected to the final Team BC Canada Winter Games squad selection camp within the previous 12 months; **OR**
- Male athletes selected to Team BC within the Program of Excellence (U16 team); **OR**
- Female athletes selected to Team BC within the Program of Excellence (U18) team.

AND

- Meet the fitness requirements set out in Appendix 2 for Female U16 and U18 and Male U15 and U16.

Coach Nomination

Canadian Sport Institute Criteria:

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

BC Hockey Sport-Specific Criteria:

- Certified in High Performance 1.
- Coach at a Provincial Level competition, U18 Nationals, WHL Cup or Canada Winter Games.
- The nominated coach must be in good standing with BC Hockey.
- The nominated coach must support the growth of the game or coach mentorship at the local level.

APPENDIX 1 – Sport-Specific Benefits, Programs, and Services

BC Hockey Targeted Athlete/Coach Benefits, Programs, and Services

Provincial Development Level 1

- Female and Male athletes identified and compete at the National level

Provincial Development Level 2

- Female U18 and Male U16 eligible athletes that attend Provincial Camp Stage of the Program of Excellence.

Female Program of Excellence Programming

BC Hockey's Female Program of Excellence (formerly High Performance Program) was established to identify and train athletes and team personnel for possible participation at Provincial, National and International events. Although the percentage of athletes who actually experience international competition is very small, the program plays a valuable role in delivering a message of the skills, attitude and dedication expected of a elite athlete. In addition, it allows athletes who possess these skills to be identified in a systematic way across our country.

U16/U18 Female Program of Excellence/FMAAA Regional Camps

U16/U18 eligible athletes will be identified throughout the hockey season by Female Program of Excellence (formerly High Performance Program) evaluators and through an open registration they will be invited to attend the Regional Camps held in four different areas of the province. The event features the top athletes in jamboree format teams. The first days of the event consists of practices, team building and fitness testing. The remainder of the weekend is games where players are evaluated on their performance. The top players will advance to the Provincial Camp.

Provincial Camp

The Provincial Camp will be a weekend camp where Team BC shortlisted players will begin to work on team concepts, training and prepare for the National competition. The camp is based on the national program and the focus will be on developing player's strength, conditioning, fitness, and nutrition. Throughout the camp players are evaluated on their play, their fitness/strength, their attitude and their perceived contribution to a winning team.

Preparation Camp

At the Preparation Camp, players that attended the Provincial Camp will play exhibition games against local zone teams. Players will be evaluated on their play and selected players will be selected to Team BC.

U18 Women's National Championship or Canada Winter Games

The 2019 Canada Winter Games will bring together teams made up of the best female hockey players born in 2001 or later. The tournament serves as an important platform for Hockey Canada scouts who evaluate candidates for the Canadian team that will compete at the IIHF U18 Women's World Championship, as well as other international events.

Male Program of Excellence Programming

The Male Program of Excellence (POE) was restructured for the 2016-2017 season to better align with the key characteristics of the new program. With a greater focus on player development, BC Hockey will now have a better opportunity to work with and alongside the athletes.

The main change to the Male POE is the re-introduction of the U16 Regional Camps.

Starting last season, the U15 and U16 Regional Camps are operated in co-operation with the BC Major Midget League (MML) and the Canadian Sport School Hockey League (CSSHL). Team staff from local teams will be assigned a camp location with the expectation to deliver the camp and a high performance experience for the players in attendance. Player attendance and participation at the U15 and U16 Regional Camps, combined with in-year evaluation, will determine players that will be selected to attend the U15 Tournament and U16 BC Cup.

Regional Camps - Various Locations

Players born in 2003 are welcome to attend the the three (3) day camp within the zone their custodial parents(s) reside. Players will go through numerous on and off ice training and skills development sessions. Player attendance and participation at the Regional Camps, combined with in-year evaluation, will determine players that will be selected to attend the BC Cup.

U16 BC Cup - Salmon Arm, BC

A jamboree style tournament mixing the players from various regions to make eight (8) teams

U16 Provincial Camp - Shawnigan Lake, BC

Players are selected based on performance at U16 BC Cup and divided into three (3) teams

2019 Canada Winter Games / WHL Cup

The Canada Winter Games is held every four (4) years. Team BC competes at the Western Hockey League (WHL) Cup (formerly Western Canada U16 Challenge Cup) in non-Canada Winter Games years.

APPENDIX 2 – BC Hockey Fitness Requirements

BC Hockey Fitness Requirements			
Age Grade	U15 - Male		
Sex	Male		
Position	Goalie	Defence	Forward
1) Non Countermovement Jump (cm)	Jump Mat >48	Jump Mat >52	Jump Mat >56
2) Countermovement Jump (cm)	Jump Mat >50	Jump Mat >54	Jump Mat >56
3) Drop Jump (cm)	Jump Mat >52	Jump Mat >56	Jump Mat >58
4) Broad Jump (m)	>215	>220	>220
5) 30m Sprint (sec)	<4.65	<4.55	<4.60
6) Pro Agility (left/right)	<5.02	<4.93	<4.93
7) Chin-up (reps)	6-7	8+	8+
8) Leger Test	10.08	10.08	10.08

Age Grade	U16 - Male		
Sex	Male		
Position	Goalie	Defence	Forward
1) Non Countermovement Jump (cm)	Jump Mat >50	Jump Mat >54	Jump Mat >58
2) Countermovement Jump (cm)	Jump Mat >52	Jump Mat >56	Jump Mat >58
3) Drop Jump (cm)	Jump Mat >54	Jump Mat >58	Jump Mat >60
4) Broad Jump (cm)	>230	>240	>235
5) 30m Sprint (sec)	<4.57	<4.45	<4.50
6) Pro Agility (left/right)	<4.95	<4.85	<4.85
7) Chin-up (reps)	7-8	10+	10+
8) Leger Test	11.05	11.05	11.05

Age Grade		U16 - Female		
Sex	Female			
Position	Goalie	Defence	Forward	
1) Non Countermovement Jump (cm)	Jump Mat >38	Jump Mat >36	Jump Mat >36	
2) Countermovement Jump (cm)	Jump Mat >40	Jump Mat >38	Jump Mat >38	
3) Drop Jump (cm)	Jump Mat >42	Jump Mat >40	Jump Mat >40	
4) Broad Jump (cm)	>198	>190	>185	
5) 30m Sprint (sec)	<5.00	<4.96	<4.92	
6) Pro Agility (left/right)	<5.50	<5.55	<5.45	
7) Chin-up (reps)	6	6	6	
8) Leger Test	10.01	10.01	10.01	

Age Grade		U18 – Female		
Sex	Female			
Position	Goalie	Defence	Forward	
1) Non Countermovement Jump (cm)	OptoJump >32 Jump Mat >38	OptoJump >32 Jump Mat >38	OptoJump >32 Jump Mat >38	
2) Countermovement Jump (cm)	OptoJump >34 Jump Mat >40	OptoJump >34 Jump Mat >40	OptoJump >34 Jump Mat >40	
3) Drop Jump (cm)	OptoJump >36 Jump Mat >42	OptoJump >36 Jump Mat >42	OptoJump >36 Jump Mat >42	
4) Broad Jump (cm)	>250	>250	>250	
5) 30m Sprint (sec)	<4.58	<4.58	<4.58	
6) Pro Agility (left/right)	<5.20	<5.20	<5.20	
7) Chin-up (reps)	8-10	8-10	8-10	
8) Leger Test	11.01	11.01	11.01	