
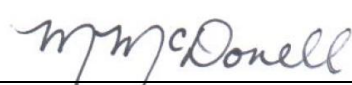




**Canadian Sport Institute Pacific  
and **BC Wheelchair Sports Association (Tennis)**  
Athlete and Coach Nomination Criteria**

Criteria Approved November 13<sup>th</sup>, 2018:

CSI Pacific Representative <b>Drew Todd</b>	 Signature
BCWSA Representative <b>Michelle McDonell</b>	 Signature

## PURPOSE

Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Wheelchair Sports Association, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

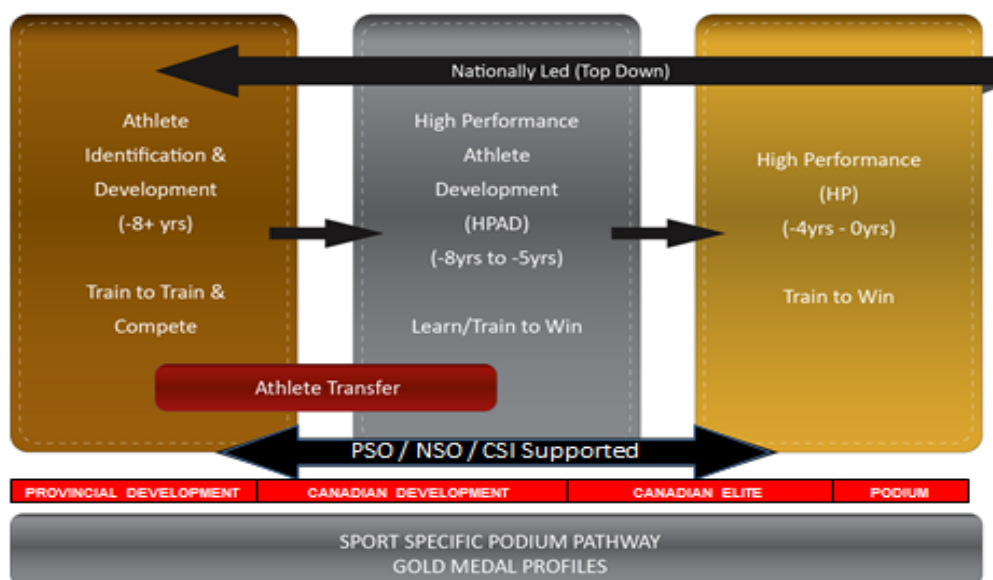
This template provides a standardized process to identify athletes and coaches within the BC Wheelchair Sports Association high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years from Podium) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years from Podium) of athletes and teams.

**Figure 1**

### PODIUM PATHWAY CONCEPT OVERVIEW



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC Wheelchair Sports Association may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute Athlete and Coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Wheelchair Sports Association targeted athlete benefits, programs, and services as delivered through BC Wheelchair Sports Association.

Targeted athletes are nominated by BC Wheelchair Sports Association based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Michelle McDonell (Program Coordinator), [michelle@bcwheelchairsports.com](mailto:michelle@bcwheelchairsports.com) or Steven Manley (Provincial Coach). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Wheelchair Sports Association high performance program benchmarks to remain targeted. The BCWSA Program Coordinator, Provincial Coach and the Canadian Sport Institute technical lead working with BC Wheelchair Sports Association have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Wheelchair Sports Association targeting runs December 1st – November 30th annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Wheelchair Sports Association targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Wheelchair Sports Association and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Wheelchair Sports Association as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Wheelchair Sports Association's nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND**;
  - b. The athlete in question was previously nominated by BC Wheelchair Sports Association in the previous 24 months.
4. Participate in, or are available for, BCWSA programs and competitions.
5. For Open Division athletes - meet minimum sport eligibility standards as outlined in the 2017 ITF Tennis Classification Manual. **OR** for Quad Division athletes - hold an P (provisional) status Quad classification **AND** have a plan to attend classification and achieve a C (confirmed) status Quad classification within the next 12 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Wheelchair Sports Association sport-specific criteria:

### Podium / Canadian Elite (Sport Canada AAP Carded)

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*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

### Canadian Development

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*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as 'Hot prospects' defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

*BC Wheelchair Sports Association Sport-Specific Criteria:*

- Athlete meets Tennis Canada criteria for selection to the National High Performance Program Development Stream (see <http://www.tenniscanada.com/wp-content/uploads/2018/10/2019-National-HP-Program-Final.pdf>) as assessed by their ITF singles ranking for their division **AND**;
- Athlete has been selected to attend events targeted by Team Canada (at the junior or senior level) **AND**;
- Athlete complies with most benchmarks (70%) outlined for Learn to Win/Train to Win stage in the HP Pathway identified in Appendix B.

**Provincial Development Level 1**

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*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet one of the two criteria below:
  - Have competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
  - Have won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

\*Note: Athletes who are eligible for Provincial Development are typically supported for a maximum duration of 5 years (combined Provincial Development Level 1 and Level 2).

*BC Wheelchair Sports Association Sport-Specific Criteria:*

- Have competed at the Junior World Team Cup or equivalent International Development Event in the previous 24 months, **OR**;
- Have won a medal in an eligible event at an ITF3-level event or above (or equivalent level of performance standard) in the previous 24 months.

**AND**

- Athlete is currently targeted for Tennis Canada HP Pathway funding support. **AND**;
- Athlete has been identified to receive targeted coaching support from Tennis Canada. **AND**;
- Athlete is receiving S&C and other services through an IST service provider or the Ignite Program. **AND**;
- Athlete has been selected to represent British Columbia at the National Championships. **AND**;
- Athlete has competed at 5 ITF events (including the Junior ITF Camp for Junior athletes) in the past 12 months. **AND**;

- Athlete complies with most (70%) benchmarks outlined for Train to Compete/Learn to Win stage in the HP Pathway identified in Appendix B.

## Provincial Development Level 2

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### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet one of the two criteria below:
  - Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) and/or place within the top 20% at the appropriate age group provincial championships in the previous 12 months, **OR**;
  - Competed for Team BC at Canada Summer Games or Canada Winter Games in the previous 12 months.

### *BC Wheelchair Sports Association Sport-Specific Criteria:*

- Competed in an eligible event at the National Championships, **OR**;
- Place within the top 16 men's, top 8 women's, top 8 quad's, or top 4 junior's at an ITF Futures even in the previous 12 months.

### **AND**

- Athlete regularly attends Provincial Team Training Camps and/or targeted group training opportunities, **AND**;
- Athlete trains regularly (2 days or more/week) with their personal and/or provincial team coach **AND**;
- Athlete attended the Provincial Team Testing Day and achieved minimum benchmarks (see Appendix C) **AND**;
- Athlete has competed at 2 ITF events in the past 12 months **AND**;
- Athlete complies with most benchmarks outlined for Train to Compete/Learn to Win stage in the HP Pathway identified in Appendix B.

### **OR**

- An athlete may be considered if he/she is an essential part of maintaining a training group for the benefit of other targeted athletes in the program: based on classification and past experience.

## Coach Nomination

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### *Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant

impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

*BC Wheelchair Sports Association Sport-Specific Criteria:*

- Must be current member in good standing with BC Wheelchair Sports.
- Must be certified Club Pro 1 or have a plan in place to achieve this within an agreed timeframe.
- Must have completed the Tennis Canada Wheelchair Tennis Instructors Course.
- Must be working directly with athletes in the Provincial Team Program.

## **APPENDIX A – Sport-Specific Benefits, Programs, and Services**

### *BC Wheelchair Sports Association Targeted Athlete/Coach Benefits, Programs, and Services*

#### **Access to IST Services**

Access to nutrition, doping education, mental training, and other performance enhancement workshops and sessions as per yearly training program.

#### **Insurance**

BCWSA provides insurance coverage for individual members through SBC Insurance Agencies LTD. This coverage includes general accident and third party liability and covers all training and competition activities (within Canada) authorized by BCWSA and our clubs. Director's Liability Insurance for clubs is also included.

#### **Access to BCWSA Programs**

Individual members are eligible to participate in regular BCWSA programming and sanctioned regional, provincial, and national level events such as the BC League, the BC HP League, Development Programs, Tournaments, and Provincial Team / NextGen Programs (including training and competitions). Members are also eligible to participate in the BCWSA Wheelchair Loan Program.

#### **Access to Additional Funding**

Individual members are given consideration for Travel Subsidies, IST Access, and Provincial Team Funding. Funding support is also provided for Coaching and Officials education and development.

#### **Newsletter/Website**

Members receive electronic issues of the newsletter throughout the year keeping them informed and up-to-date on wheelchair sports programs, current events, tournaments, and other wheelchair sports news. Members are also promoted regularly through our website: [www.bcwheelchairsports.com](http://www.bcwheelchairsports.com).



## APPENDIX B – Wheelchair Tennis HP Pathway Benchmarks

Category	Benchmark or KPI	Provincial Dev 2	Provincial Dev 1	Canada Development	Canadian Elite
Approximate LTAD Stage		Train to Train / Train to Compete	Train to Compete / Learn to Win	Learn to Win / Train to Win	Train to Win
Program	Daily Training Environment	70% attendance based on 3 days per week	80% attendance based on 4 days per week	N/A	N/A
Program	Provincial Team Training Camps	100% of camps offered*	100% of camps offered*	N/A	N/A
Program	Provincial Team Testing Event	100% attendance*	100% attendance*	N/A	N/A
Program	ITF Events	2	4	5 or greater	N/A
Program	Min. Training Hours / Week	6-8	8-10	N/A	N/A
Performance Services	Workshop attendance (CSI Pacific / PacificSport)	1 per year	2 per year	2 per year	N/A
Competition	Participation in National Championships	Yes	Yes	Yes	Yes
ITF Ranking	ITF Ranking (as of one week prior to new list submission)	Men: ≤ 250	Men: ≤ 200	Men: 81-150	Men: ≤ 80
		Women: ≤ 150	Women: ≤ 100	Women: 51-75	Women: ≤ 50
		Quad: ≤ 65	Quad: ≤ 50	Quad: 36-50	Quad: ≤ 35
		Junior Boys: ≤ 40	Junior Boys: ≤ 30	Junior Boys: Top 80	Junior: N/A
		Junior Girls: ≤ 20	Junior Girls: ≤ 15	Junior Girls: Top 30	
Objective Testing Score	Based on combined objective score matrix in Provincial Team Selection Criteria	≥ 50%	≥ 50%	N/A	N/A

*\*Unless medical, education, or other extenuating circumstances prevent attendance whereby documentation will be provided to BCWSA for review.*

**APPENDIX C – 2018 Provincial Wheelchair Tennis Team Scoring Objective Criteria****ITF Ranking****ITF Ranking (as of August 27, 2018)**

Class	5	3	1	0
Junior	Top 30	Top 50	50>	No ranking
Quad	Top 30	Top 50	50>	No ranking
Women	Top 75	Top 150	150>	No ranking
Men's Open	Top 150	Top 200	200>	No ranking

\*\*Points earned in open division are reflected in junior division as well

**Speed****20 Meter (without racket) in seconds**

Class	5	4	3	2	1
Quad	5.5	6.0	6.5	7.0	7.5
Women	5.0	5.5	6.0	6.5	7.0
Men's Open	4.5	5.0	5.5	6.0	6.5

**20 Meter (with racket) in seconds**

Class	5	4	3	2	1
Quad	6.0	6.5	7.0	7.5	8.0
Women	5.5	6.0	6.5	7.0	7.5
Men's Open	5.0	5.5	6.0	6.5	7.0

**Mobility****T-Test Agility (no racket) in seconds**

Class	5	4	3	2	1
Quad	13.5	14.0	14.5	15.0	15.5
Women	12.5	13.0	13.5	14.0	14.5
Men's Open	11.5	12.0	12.5	13.0	13.5

**T-Test Agility (with racket) in seconds**

Class	5	4	3	2	1
Quad	14.0	14.5	15.0	15.5	16.0
Women	13.0	13.5	14.0	14.5	15.0
Men's Open	12.0	12.5	13.0	13.5	14.0

## Shot Accuracy

Ability to rally continuously, hitting between the service line and baseline, cross court off both wings, forward and backhand.

->3 attempts, best result counted in %.

Class	5	4	3	2	1
Quad	80%	70%	60%	50%	40%
Women	80%	70%	60%	50%	40%
Men's Open	80%	70%	60%	50%	40%

## Service Success Rate

->10 serves deuce/ad, in %

Class	5	4	3	2	1
Quad	60%	50%	40%	30%	20%
Women	60%	50%	40%	30%	20%
Men's Open	60%	50%	40%	30%	20%

## Subjective Criteria

### 1. Commitment

Score	Description
1	Trains 1x per week and only attends local tournaments and BCWSA programming
3	Trains 2x per week, attends 1 ITF tournament per season, and attends BCWSA programming and other tournament initiatives such as the Summer Series
5	Trains more than 3x per week, attends 2 or more ITF tournaments per season, participates in tournaments and leagues outside BTG programming, and acts a peer mentor for BTG programming in wheelchair tennis

### 2. Coaching

Score	Description
1	Only attends BCWSA wheelchair tennis sessions.
3	Attends BCWSA wheelchair tennis sessions and group lessons outside of BCWSA programming.
5	Attends BCWSA wheelchair tennis sessions and group lessons outside of BCWSA programming, and accesses a private tennis coach

### 3. Provincial Team Potential

Score	Description
1	Has low potential to compete for the provincial team or progress to national team based on age, ability, ITF ranking, attitude, mental toughness and/or athlete lifestyle
3	Has moderate potential to compete for the provincial team or progress to national team based on age, ITF ranking, attitude, mental toughness and/or athlete lifestyle
5	Has significant potential to compete for the provincial team or progress to national team based on age, ITF ranking, attitude, mental toughness and/or athlete lifestyle