





**Canadian Sport Institute Pacific  
and BC Wheelchair Sports Association  
(Athletics)  
Athlete and Coach Nomination Criteria**

Criteria Approved November 20<sup>th</sup>, 2018:

CSI Pacific Representative <b>Drew Todd</b>	 Signature
BCWSA Representative <b>Ana Karanovic Program Coordinator</b>	 Signature

## PURPOSE

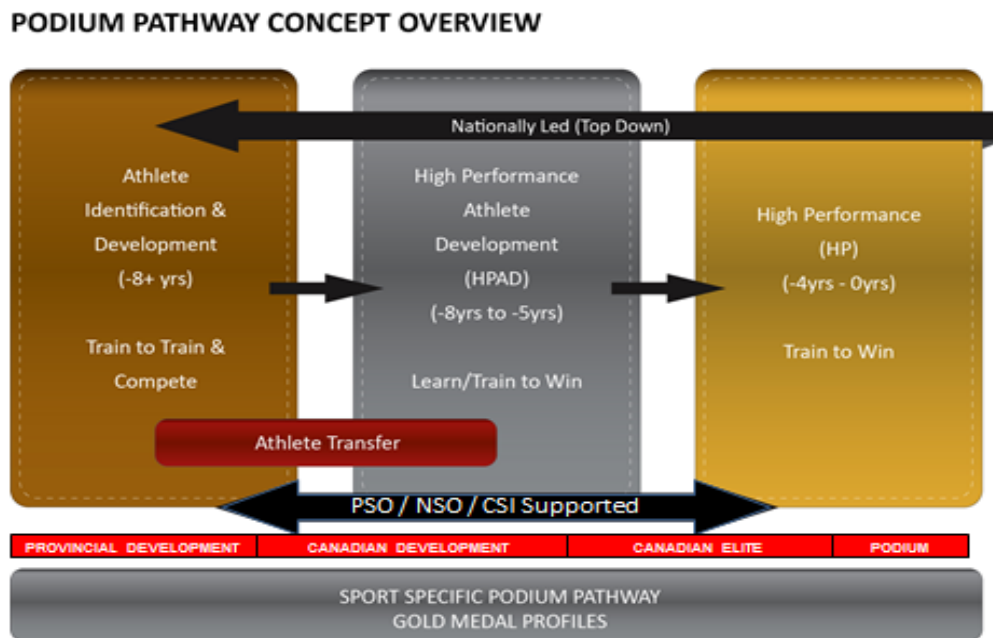
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and BC Wheelchair Sports Association, collaborates to deliver programs and services to place BC athletes<sup>1</sup> onto National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process to identify athletes and coaches within the BC Wheelchair Sports Association high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeting seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Podium and Canadian Elite nomination focuses on athletes and teams 0-4 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent the current generation of National Team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the Podium, identified by the sport-specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medallists. Support may be focussed more toward the future generation (9-12 years from Podium) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years from Podium) of athletes and teams.

Figure 1



<sup>1</sup> In general, a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC Wheelchair Sports Association may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute and PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute Athlete and Coach benefits, programs, and services. Please see Appendix 1 for an outline of BC Wheelchair Sports Association targeted athlete benefits, programs, and services as delivered through BC Wheelchair Sports Association.

Targeted athletes are nominated by BC Wheelchair Sports Association based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to Ana Karanovic (Program Coordinator and High Performance Coach), [ana@bcwheelchairsports.com](mailto:ana@bcwheelchairsports.com); or James Hustvedt (High Performance Coach), [james@bcwheelchairsports.com](mailto:james@bcwheelchairsports.com). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Wheelchair Sports Association high performance program benchmarks to remain targeted. Kevin Bowie and the Canadian Sport Institute technical lead working with BC Wheelchair Sports Association have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Wheelchair Sports Association targeting runs December 1<sup>st</sup> – November 30<sup>th</sup> annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Wheelchair Sports Association targeted athlete list, on a case by case basis, by contacting BCWSA Program Coordinator, Ana Karanovic.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Wheelchair Sports Association and will be provided with information on how to register with his or her local Canadian Sport Institute campus or PacificSport regional centre. A Canadian Sport Institute or PacificSport. Athletes and coaches must register with their local centre in order to receive athlete or coach support.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing (at the discretion of the PSO/DSO) with BC Wheelchair Sports Association as a competitive athlete and meet the definition of a BC athlete.
2. In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
3. Athletes who fail to meet targeting criteria due to injury or absence, may remain on BC Wheelchair Sports Association's nomination list at coach's discretion when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred. **AND;**
  - b. The athlete in question was previously nominated by BC Wheelchair Sports Association in the previous 24 months.
4. Participate in, or are available for, BCWSA programs and compete in BC Athletics and/or IPC Sanctioned meets.
5. Are a past, current or potentially future internationally classification Men's/Women's athlete in wheelchair athletics (wheelchair racing and/or seated throws). Classification review would need to have occurred within the past 24 months or within the next 12 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the BC Wheelchair Sports Association sport-specific criteria:

### **Podium / Canadian Elite (Sport Canada AAP Carded)**

---

*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.

### **Canadian Development**

---

*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway. **OR;**
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile), and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as 'Hot prospects' defined as the expectation to be selected to the senior national team in eligible events **within 24 months**, and verified by the NSO.

*BC Wheelchair Sports Association Sport-Specific Criteria:*

- Athlete meets the minimum performance criteria for development level carding set by Athletics Canada – See carding list and AC AAP Selection Criteria here: <http://athletics.ca/national-team/services/athlete-assistance-program/#sthash.tg3KoTBl.dpbs> **OR**;
- Athletes who are selected to the CAPP Program (International Level or higher) as outlined by Athletics Canada – see CAPP Pathway and Selection Policy here: <http://athletics.ca/national-team/services/nextgen-program/#sthash.zs0UlvAR.dpbs>

**AND**

- Athlete is receiving Strength & Conditioning and other services with a dedicated ITP monitored by the PSO **AND**;
- Athlete complies with most benchmarks outlined for Learn to Win/Train to Win stage in the HP Pathway identified in Appendix B.

**Provincial Development Level 1**

---

*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet one of the two criteria below:
  - Have competed at the U23 or Junior World Championships in an eligible event (or equivalent international developmental event) in the past 24 months, **OR**;
  - Have won a medal in an eligible event at their Sport-Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

\*Note: Athletes who are eligible for Provincial Development are typically supported for a maximum duration of 5 years (combined Provincial Development Level 1 and Level 2).

*BC Wheelchair Sports Association Sport-Specific Criteria:*

- Athletes who are selected to the CAPP Program (Talent Confirmation Level or higher) as outlined by Athletics Canada – see CAPP Pathway and Selection Criteria here: <http://athletics.ca/national-team/services/nextgen-program/#sthash.zs0UlvAR.dpbs> **OR**;
- Athlete has competed in an eligible event at their Sport Specific National Championships in the previous 24 months and placed in the top 20% in one or more of their events (based on classification and depth of field) **OR**;
- Athlete has competed at one or more IPC Grand Prix Meets (or equivalent international developmental event) in the previous 24 months and placed in the top half in one or more of their events (based on classification and depth of field)

**AND**

- Athlete is receiving targeted Strength & Conditioning and other services with a dedicated ITP monitored by the PSO. **AND;**
- Athlete is ranked on the World Para Athletics Annual Recorded Best Performances list. **AND;**
- Athlete complies with most benchmarks (75%) outlined for Train to Compete Stage in the HP Pathway identified in Appendix B.

## **Provincial Development Level 2**

---

### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development 1 according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet one of the two criteria below:
  - Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) and/or place within the top 20% at the appropriate age group provincial championships in the previous 12 months, **OR;**
  - Competed for Team BC at Canada Summer Games or Canada Winter Games in the previous 12 months.

### *BC Wheelchair Sports Association Sport-Specific Criteria:*

- Athletes who have competed in an eligible event at age-group National Championships or place within the top 20% at age-group Provincial Championships in the previous 12 months (based on classification and depth of field), **OR;**
- Athletes who have been identified to compete for Team BC at the Canada Summer Games within the previous 24 months.

### **AND**

- Athlete has participated in BCWSA Athletics clinics or targeted events in the last 12 months **AND;**
- Athlete follows BCWSA Athletics general YTP and competes in provincial track and field meets **AND;**
- Athlete complies with most benchmarks (75%) outlined for Train to Train Stage in the HP Pathway identified in Appendix B.

### **OR**

- An athlete may be considered if he/she is an essential part of maintaining a training group for the benefit of other targeted athletes in the program: based on classification and past experience. This criterion includes athletes who are former National Team athletes who enhance the training group.

## **Coach Nomination**

---

### *Canadian Sport Institute Criteria:*

Coaches are nominated by having his or her name included in the targeted athlete list when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

### *BC Wheelchair Sports Association Sport-Specific Criteria: (Optional):*

- Coach must be current member in good standing with BC Wheelchair Sports Association.
- Coach must have, at minimum, NCCP Club Coach or Performance Coach training and working towards certification in the next 3 years.
- Coach must be working directly with athletes in the BCWSA WC Athletics Program.

## **APPENDIX A – Sport-Specific Benefits, Programs, and Services**

### *BC Wheelchair Sports Association Targeted Athlete/Coach Benefits, Programs, and Services*

#### Access to IST Services

Access to nutrition, anti-doping education, mental training, strength and conditioning, and other performance enhancement workshops and sessions as per yearly training program.

#### Insurance

BCWSA provides insurance coverage for individual members through SBC Insurance Agencies LTD. This coverage includes general accident and third party liability and covers all training and competition activities (within Canada) authorized by BCWSA and our clubs. Director's Liability Insurance for clubs is also included.

#### Access to BCWSA Programs

Individual members are eligible to participate in regular BCWSA Athletics programming and sanctioned regional, provincial and national level events such as; BCWSA Clinics, BC Development and Provincial Team Programs. Members are also eligible to participate in the BCWSA Wheelchair Loan Program.

#### Access to Additional Funding

Individual members are given consideration for Travel Subsidies, IST Access, and Provincial Team Funding. Funding support is also provided for Coaching education and development.

#### Newsletter/Website

Members receive electronic issues of the newsletter throughout the year keeping them informed and up-to-date on wheelchair sports programs, current events, tournaments, and other wheelchair sports news. Members are also promoted regularly through our website: [www.bcwheelchairsports.com](http://www.bcwheelchairsports.com).

**APPENDIX B – Wheelchair Athletics HP Pathway Benchmarks**

Category	Benchmark or KPI	Provincial Dev 2	Provincial Dev 1	Canada Development	Canadian Elite
<b>Approximate LTAD Stage</b>		Train to Train/Train to Compete	Train to Compete/Learn to Win	Learn to win/Train to Win	Train to Win
<b>Program</b>	Daily Training Environment	Consistently attending Training Sessions based on minimum 2 days per week (min 70%)*	Consistently attending Training Sessions based on 5 days per week (min 70%)*	Consistently attending Training Sessions based on minimum 5 days per week (min 80%)*	N/A
<b>Program</b>	Competition Level Attended	Results at Provincial Track Meets &/or National Championship in the last 12 months	Results at National Championship & IPC Sanctioned meet in last 12 months	Results at multiple IPC Sanctioned meets in the last 12 months	N/A
<b>Program</b>	BCWSA Clinics	Attend minimum 1 BCWSA Clinic	Attend minimum 1 BCWSA Clinic	Attend minimum 1 BCWSA Clinic	N/A
<b>Program</b>	Min. Hours Training / week	4	6-8	8-10	N/A
<b>Performance Services</b>	IST Services	Accessing group services at BCWSA clinics	Accessing 1 – 2 IST practitioners	Accessing 2 – 3 IST practitioners	N/A
<b>Performance Services</b>	Workshop attendance (CSI Pacific/ PacificSport &/or BCWSA Clinics)	Minimum 1 per year	Minimum 1 per year	Minimum 1 per year	N/A
<b>Monitoring</b>	Meetings with BCWSA Athletics program coaches	Check-in minimum every 4 weeks to monitor training and evaluate performance based on YTP	Daily online tracking sheet to monitor training and evaluate performance based on ITPs	Daily online tracking sheet to monitor training and evaluate performance based on ITPs	N/A
<b>IPC Rankings</b>	% of Current World Para Athletics Ranking	≤ 80% of the top 8 World Para Athletics Ranking	Within 80% of the 8 <sup>th</sup> para-athlete on the Current World Rankings	Within 90% or greater of the 8 <sup>th</sup> para-athlete on the Current World Rankings	N/A

(\*Benchmarks currently based on 2018-19 Provincial Team Criteria)

\* Unless medical, education, or other extenuating circumstances prevent attendance, whereby documentation will be provided to BCWSA for review.