

SCHEDULE

Athlete Advance is here to educate and inspire British Columbia's future and current Olympic, Paralympic, and World Championship athletes in their quest for podium performances.

9:30 - 10:00 am

REGISTRATION

PISE 3rd Floor Lobby

WELCOME & KEYNOTE PRESENTATION

PISE Room # 329A/B

10:00 - 11:30 am

SIMON WHITFIELD

Join two-time Olympic medallist Simon Whitfield as he discusses his journey as a high performance athlete in Triathlon and shares lessons he has learned throughout his career.

11:30 - 11:40 am

BREAK

SESSION PRESENTERS

11:40 am - 12:30 pm

JOHN MOONLIGHT

PISE Room #330A

PATRICIA OBEE

PISE Room #330B

12:30 - 1:30 pm

NETWORKING LUNCH

PISE Room # 329A/B

1:30 - 2:30 pm

HIGH PERFORMANCE ATHLETE PANEL

PISE Room # 329A/B

WILL DEAN, JULIA GREENSHIELDS, MARIAH KELLY

2:30 - 3:00 pm

CLOSING REMARKS & PRIZES

PISE Room # 329A/B

