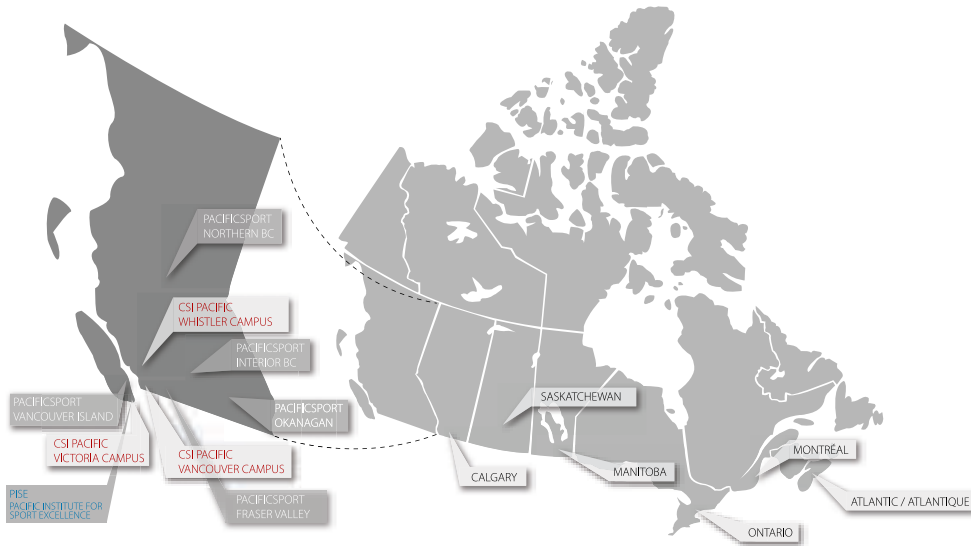


THANK YOU TO OUR FUNDING PARTNERS



LOCATIONS



csipacific.ca
csicalgary.ca
cscm.ca
csiontario.ca
cscatlantic.ca
sasksport.sk.ca
insquebec.org

pacificsportvi.com
pacificsportinteriorbc.com
pacificsportfraservalley.com
pacificsportnorthernbc.com
pacificsportokanagan.com



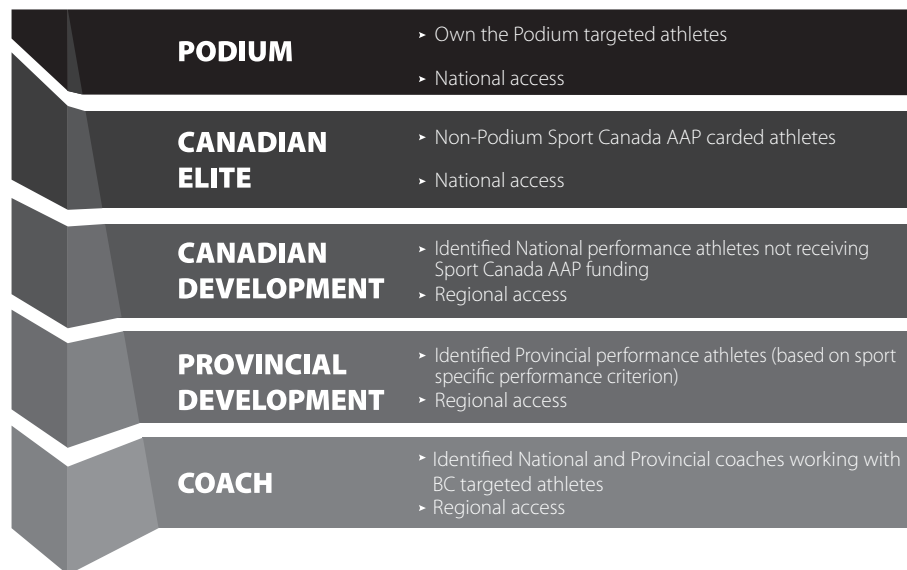
CANADIAN SPORT INSTITUTE & PACIFICSPOORT
ATHLETE & COACH SERVICES



PROGRAMS & BENEFITS GUIDE



ATHLETE PATHWAY



	PROVINCIAL DEVELOPMENT	CANADIAN DEVELOPMENT	CANADIAN ELITE	PODIUM	COACH	
CORE BENEFITS	Athlete Performance Health Handbook	✓	✓	✓	✓	
	Community Supporters	✓	✓	✓	✓	
	FoodStuff™	✓	✓	✓	✓	
	GymWorks™	✓	✓	✓	✓	
	Performance Points Subscription	✓	✓	✓	✓	
SUPPLEMENTAL BENEFITS	Approved Vitamins / Supplements	✗	✗	✓	✗	
	Athlete Logbook	✓	✓	✓	User Pay	
	Canadian Athlete Insurance Program (CAIP)	User Pay	User Pay	By Application*	By Application*	User Pay
	FliteKit™	User Pay	User Pay	User Pay	User Pay	User Pay
	Field Testing Kit	✗	✗	✗	✗	✓
	Grants & Bursaries	By Application*	By Application*	✗	✗	May be available for some programs
	Language Training (Rosetta Stone)	✗	✗	✓	✓	By Application*
	MRI / CT Scans	Discounts	Discounts	Discounts	✓	✗
	Sport Nutrition: Custom Fuel™	Discounts	Discounts	Discounts	Discounts	Discounts
	Career Transition / Game Plan					
PERFORMANCE SERVICES	Medical Services		By Application*	By Application*	Fee For Service OR By Application*	
	Mental Performance		OR	OR	OR	
	Nutrition	Fee For Service	Fee For Service	Performance Service may be delivered through Training Group LOU.	Performance Service may be delivered through Training Group LOU.	Performance Service may be delivered through Training Group LOU.
	Performance Analysis					
	Physiology					
	Strength & Conditioning					
PROGRAMS	Talent Development (Canadian Sport School, IGNITE™, NextGen)	By Application. Eligibility and pre-requisites do apply and vary by program.				Advanced Coaching Diploma / International Coaching School
	Talent Transfer (PODIUM SEARCH™)					
	Sport Education / Events	✓	✓	✓	✓	✓

* Please contact your Athlete Coach Services representative for specific information regarding application process

PROGRAMS

Advanced Coaching Diploma

The Advanced Coaching Diploma program at the Canadian Sport Institute provides coaches with a private post-secondary career training program that meets BC Ministry of Advanced Education standards. The Advanced Coaching Diploma is based on the four themes of coaching – Leadership, Coaching Effectiveness, Performance Planning, and Training and Competition Readiness – that require analysis, planning, and implementation of new skills and knowledge in day-to-day coaching.

International Coaching School

The International Coaching School (ICS) – hosted by the Canadian Sport Institute – provides coaches with two different opportunities to become world-class leaders: the NCCP Competition-Development Stream and the High Performance Coach Advance. This event is a great opportunity to share new information as well as to network, learn from other High Performance coaches, and reconnect with ACD/NCI Alumni.

IGNITE™ Athlete Development Program

The IGNITE™ Athlete Development Program introduces young athletes (aged 14-17) to a High Performance training environment by improving their athleticism, physical literacy and fitness through a multi-sport training program complementary to their current sport-specific practice and competition schedules. The program helps to improve both foundational movement skills and overall athleticism, providing young athletes with the physical framework needed to advance in sport.

Canadian Sport School

The Canadian Sport School is an important Talent Development initiative of the Canadian Sport Institute that is delivered in partnership with the network of PacificSport Regional Centres and local school districts. The program supports secondary school-aged student athletes to balance their educational and training demands in an enriched sport environment while maximizing the credits contributing to the students' graduation program.

Athlete Advance™

The Canadian Sport Institute Athlete Advance is an annual gathering of athletes and professionals aimed at educating and inspiring BC's future and current Olympic, Paralympic, and World Championship athletes. Participants have the opportunity to access practical workshops on topics that are relevant to the High Performance athlete. The Athlete Advance is open to all Canadian Sport Institute and PacificSport registered athletes and is free to attend.

Sport Performance Speaker Series

These sessions are designed to increase athlete and coach knowledge on topics including nutrition, sport psychology, strength and conditioning, and other sport performance areas. Innovative, current, and interactive seminars and workshops are presented by professionals in their respective fields. Athletes can attend these sessions free of charge, but pre-event registration is required.

CORE BENEFITS

GymWorks™

GymWorks™ is a partnership program with local fitness facilities, health clubs, and community centres. This benefit enhances the training environment by providing easy, local, and no-fee access to strength and conditioning centres. As a registered athlete or coach with Canadian Sport Institute / PacificSport, you are eligible to take advantage of the benefits of this partnership.

FoodStuff™

FoodStuff™ is a community partnership between local restaurants / grocery stores and Canadian Sport Institute / PacificSport. It is in support of Canada's High Performance athletes and coaches. Your Canadian Sport Institute card provides the region's High Performance athletes and coaches with affordable options and the kind of food value they need to reach their goals in representing Canada.

Official Supporters

Canadian Sport Institute and PacificSport are proud to work with world-class partners who help in advancing High Performance athletes. Throughout the province, there are community partners who offer various benefits and discounts to registered Canadian Sport Institute and PacificSport athletes and coaches.

